Seasoned Adults Growing Educationally

Classes for Seniors 60 and Older

SUMMER 2015

PRINCE GEORGE'S COMMUNITY COLLEGE
A $25 increase after 21 years—
Still a great deal!!!

Your summer SAGE registration fee is still $50 for all the classes that you can fit into your busy schedule. So, enjoy it while it lasts!

Beginning this fall trimester, after 21 years, the SAGE Program registration fee will increase to $75. We announced this increase a year ago, but it is just now coming to fruition with approval from Prince George’s Community College’s Board of Trustees. We hope you can understand why the SAGE registration fee must increase to allow us to continue to offer our fulfilling program.

Putting Price in Perspective

How many SAGE classes do you sign up for each trimester?

The average SAGE student attends three classes, so let’s do the math.

A $75 registration fee is charged for 3 classes and each one meets once a week for 15 weeks. The cost boils down to $1.67 per class meeting.

According to NYMag.com, a medium cup of black coffee costs $1.60 at Dunkin’ Donuts. And while it’s been demonstrated that coffee is a good source of antioxidants, your SAGE classes benefit you much more than that cup of joe—mentally, physically, and socially.

So, remember to do the math when you complete your fall registration payment for this sustaining and enriching program. We think that you will agree—we’re worth it!
Important College Registration Policy

The policy of Prince George’s Community College is to prohibit enrollment in multiple classes meeting at the same time, on the same day and dates.

Students MUST choose the classes they want to attend and make sure there are no conflicts of time/day/date on the schedules. This may mean registering for a different section of a desired class.

Teachers are instructed not to allow students to attend classes for which they are not officially registered. Please be careful to register for all classes— but be mindful of others.***

**IMPORTANT NOTE**

***While we know that the SAGE Program is a great value, please do not register for classes that you might not attend. It takes up a seat that someone else who really wants to take the class could have.

**AGE RESTRICTION***

Although the SAGE Program permits students under 60 years old to pay tuition and participate in some classes, at many senior class sites there is an age restriction. Therefore, anyone under the age of 60 wanting to enroll in a SAGE class must first get permission from the class site manager to make sure he or she meets the age participation requirements. Some site limitations are listed in the SITE Directory beginning on page 6.
3 Ways to Register for SAGE Classes

1) **Online through Owl Link**
   It's PGCC’s online registration system and the fastest, safest, easiest way to get the classes you want. **You must register no later than one day before class begins.**

A. Go to the college’s Home Page at [www.pgcc.edu](http://www.pgcc.edu).

B. Click on “Owl Link” which is in small print at the top of the page. This will take you to Owl Link’s MAIN MENU.

**NEW STUDENT:** You have never attended a PGCC program or class.
To register, follow the steps below. You will be emailed an Owl Link Username/ID and temporary password (which you modify to become your permanent password). Please retain them to facilitate all future Owl Link transactions.

1) From the MAIN MENU, click on **Workforce Development & Cont. Ed. Students.**
2) Under Cont. Ed. Registration click on **Enroll and Register for Courses.**
3) Click on **Create a student account.**
4) On the Personal Identification screen, fill in **all required fields (indicated by an * asterisk).** Check the box at the bottom of page and click **SUBMIT.**
5) On the Confirm Personal Info screen, check the box at the bottom of the page and click **SUBMIT.**
6) For security, you will receive two separate e-mails; one with your Owl Link Username/ID and another with your temporary password.
7) With this information, return to MAIN MENU and click LOG IN.
   Login using the Username/ID and exact password sent to you in your e-mails.

**ALERT:** You will immediately see the message “Your password has expired!” Don’t panic! This is expected!

8) You now have to reset your password. The password you create must have exactly 8 (eight) characters and must include at least one capitalized letter, one lowercase, and at least one character has to be a number. No special characters are permitted!
9) Once you have successfully logged into Owl Link, you will be returned to the MAIN MENU. You can now proceed to section “C” of these directions to register for your classes. (First, however, you might want to make a note of your Student ID number. To do this click on the gold-colored bar “Workforce Development and Cont. Ed. Students”. Go to “Profile Update” (the last item) under User Account-Returning Students and note your Student ID—the 7-digit number at the upper left hand corner.) Retain your Student ID for future reference in case you have to contact the help desk (for example, if you forget your username/ID or password).

**RETURNING STUDENT:** You have previously enrolled in any course at PGCC. You will need to LOG IN to Owl Link in order to register.

1) If you have received a Username/ID and password previously but do not remember your login information, follow the appropriate links on the login screen to retrieve your Username/ID and/or password.
2) If you have registered for any PGCC classes before but have never received a Username/ID and password, you must contact the Help Desk at 301-322-0637 or e-mail helpdesk@pgcc.edu to receive them. You must have your Student ID# available when you contact the Help Desk.
C. To register for classes: From the MAIN MENU

1) Click on **LOG IN** and complete your login information and click **SUBMIT** which returns you to the MAIN MENU.

2) Click on **Workforce Development & Cont. Ed Students.**

3) Click on **Enroll and Register for Courses** and on the next screen, click on **Register for courses.**

4) Using this booklet or your site-specific registration form, find the classes you want to take and **note the 5-digit synonym numbers** that identify their dates, times, and locations.

5) **IMPORTANT** — In the box for **Course Code Number**, enter the 5-digit synonym number only for your first class and click **SUBMIT**. (See diagram below) *Do not enter any other information on this page!*

6) Click in the box next to the course information, which displays the time, date, location and seat availability and click **SUBMIT**.

7) Fill in any optional **Additional Registration Information** and click **SUBMIT**.

8) The course for which you have registered and amount due will display on the screen. **Go to Choose of the following:** From the drop down box choose of the following three options: Register Now (check out); Search for more courses; or Recalculate total amount. Repeat steps 5, 6, and 7 if choosing additional courses.

When you have finished selecting all of your courses, choose **Register Now (check out)** from the drop down menu, select a payment type and click **SUBMIT**.

9) The **Processing My Credit Card** page will appear. If the total amount due is correct, click **Continue**.

10) The payment page will now appear. Enter the required fields on the secure site using your MasterCard, VISA, or Discover credit card and click **Pay now**. **You are not registered in any of your classes until you submit payment.**

11) A transaction confirmation page will appear after you have paid by credit card. Please print or copy the transaction number for your records.
2) **Mail-in Registration**

Mail-in registration forms must include a check or money order made out to PGCC for the full amount. **They must be received at least 10 days prior to the class start date to insure processing.**

Mail to:
Cashier’s Office
Prince George’s Community College
301 Largo Road
Largo, MD  20774-2199

3) **In-Person Registration**

Registration takes place on the Largo Campus on a continuous basis at the Office of Admissions and Records in Bladen Hall, room 126, from 8:30 am-8 pm, Monday-Thursday, and 8:30 am-5 pm on Friday. Register early—at least ten days before classes begin.

**You must pay at the time of your registration with a check, money order or VISA, Master Card or Discover credit card.**

**NOTE:** Out-of-state registrants, regardless of age, pay full tuition (see page 16), a $15 registration fee and a $10 surcharge, per class, per trimester.

**PLEASE NOTE:**
You will NOT receive any confirmation when you submit registration by mail, even if a requested class is full. You could possibly be denied admittance at the first class.

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**Disabled Retirees Under 60 Years Old**

Effective July 1, 2012, disabled retirees under 60 years old may qualify for a tuition waiver (for both credit and non-credit classes). To determine your eligibility, you must contact the Office of Admissions & Records, Bladen Hall, room 126, to receive Prince George’s Community College’s Tuition Waiver Certification Form which is to be taken to the Social Security Office for completion and returned to the College.

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**Summer 2015**

**Indexed List of Courses by Site**

**Allentown Road Aquatic Center**

7210 Allentown Road
Camp Springs, MD  20748
(301) 449-5567

*Therapeutic Aquatic Exercise* ..................12

**Bowie Community Aquatic Center**

3209 Stonybrook Drive
Bowie, MD  20715
(301) 464-1737

*Health & Fitness (Parts I & II)* ......................11

**Bowie Senior Center**

*(No students under age 55)*

14900 Health Center Drive
Bowie, MD  20715
(301) 809-2300

*American History* .................................12
*Art History* .........................................13
*Astronomy* .........................................15
*Autobiographical Writing (Memoirs)* ..........14
*Current Issues* ......................................13
*Design/Production of Crafts* .....................9
*Drawing (Traditional Drawing I)* ..............9
*Environmental History* ............................13
*French: Beginning/Intermediate* ...............14
*Healthy Living* ....................................11
*History Through Hollywood* ......................13
*Literature (See page for different topics)* ...14
*Music Appreciation* ................................14
*Music Appreciation & Mastery: Piano* .........15
*Spanish: Beginning/Intermediate* .............14
*Studio Fine Art* ....................................9
*Watercolor (Beginning to Advanced)* ........10

**Cameron Grove Adult Lifestyle Community**

100 Cameron Grove Boulevard
Upper Marlboro, MD  20774

*Limited to residents only*

**Camp Springs Senior Activity Center**

*(No students under age 60)*

6420 Allentown Road
Camp Springs, MD  20748
(301) 449-0490

*Current Issues* ......................................13
*Design/Production of Crafts* .....................9
Harmony Hall Regional Center
10701 Livingston Road
Ft. Washington, MD 20744
Classes offered in Fall & Spring

John E. Howard Senior Activity Center
4400 Shell Street
Capitol Heights, MD 20743
(301) 735-3340
Healthy Living................................. 12
Music Appreciation & Mastery: Class Piano...15
Spanish (Intro & Beg).......................... 14

Laurel Armory-Anderson & Murphy Community Center
422 Montgomery Street
Laurel, MD 20707
301-725-8088
American History............................. 13
Healthy Living.................................. 12

Laurel College Center (LCC)
312 Marshall Avenue
Laurel, MD 20707
Biblical Greek ................................. 14

New Carrollton City Hall
6016 Princess Garden Parkway
New Carrollton, MD 20784
Healthy Living................................. 12

Prince George’s Plaza Community Center
6600 Adelphi Road
Hyattsville, MD 20782
(301) 454-1400
Healthy Living................................. 12

Prince George’s Community College
301 Largo Road
Largo, MD 20774-2199
(301) 322-0875
Career Transition Options for
Plus 50 Adults …… See Box Next Page
Computers: Introduction (Internet included)… 10
Computer Skills—Intermediate.................. 10
Health & Fitness (Parts I & II).................. 11
Microsoft Office Suite 2010/2013................. 10
Music Appreciation & Mastery: Class Piano... 15
Therapeutic Aquatic Exercise.................... 12

Central Parke at Victoria Falls
13701 Belle Chasse Boulevard
Laurel, MD 20707
Limited to residents only

Collington Episcopal Life Care Community
10450 Lottsford Road
Mitchellville, MD 20721
(301) 925-9610
American History............................. 13
Healthy Living.................................. 12
Studio Fine Art.................................. 10
Therapeutic Aquatic Exercise.................... 12

Evelyn I. Cole Senior Activity Center
5720 Addison Road
Seat Pleasant, MD 20743
(301) 386-5525
Healthy Living................................. 12

Ft. Washington Forest Community Center
1200 Fillmore Road
Ft. Washington, MD 20744
(301) 292-4300
Studio Fine Art.................................. 10

Greenbelt Community Center
(No students under age 60)
15 Crescent Road
Greenbelt, MD 20770
(301) 397-2208
American History............................. 13
Art History........................................ 13
Environmental History........................ 13
French: Beginning............................. 14
French Culture/Cooking......................... 13
Healthy Living.................................. 12
Literature (African American Literature)........ 14
Music Appreciation............................ 14
Studio Fine Art.................................. 10

Greenbelt Department of Recreation/Springhill Lake (No students under age 60)
6111 Cherrywood Lane
Greenbelt, MD 20770
(301) 397-2200
Healthy Living................................. 12
Reid Temple A.M.E. Church
11400 Glenn Dale Boulevard
Glenn Dale, MD 20769
(301) 352-0320
Spanish (Beginning) ................................ 14

Riderwood Village (Limited to Residents Only)
3110 Gracefield Road
Silver Spring, MD 20904

St. Paul's Senior Living Apartments
1207 Addison Road
Capitol Heights, MD 20743
(301) 350-1100
Computers: Introduction ............................... 10
Computer Skills: Intermediate ...................... 10
Healthy Living ............................................ 12
Internet: Introduction, Navigation ............. 10

Temple Solel
2901 Mitchellville Road
Bowie, MD 20716
(301) 249-2424
Current Issues........................................... 13
Healthy Living ............................................ 12

University Town Center (UTC)
6505 Belcrest Road, Suite 200
Hyattsville, MD 20782
(301) 277-5934
Healthy Living............................................ 12
Spanish (Beginning) ................................. 14

Upper Marlboro Community Center
5400 Marlboro Race Track Road
Upper Marlboro, MD 20772
(301) 627-2828
Classes offered in Fall & Spring

Career Transition Options
Join your plus 50 peers for a hands-on, 2-day course, working with a career coach to help you:
♦ Assess your skills
♦ Write a job-winning resume
♦ Articulate your marketability in an interview
♦ Explore the Career Coach feature of PGCC’s website

Get started by registering for:

Career Transition Options for Plus 50 Workers
to be held on the Largo Campus
SKB-799-#98705
Friday, August 7 and 14, 2015
8:30 am-4 pm
Total Cost for Maryland residents—
Seniors (60 and older) - $50
Under 60 - $90

Lift your mood, move your feet, and take the Club 300 Walk Across America Challenge!

Join Club 300, a FREE senior walking program that will “virtually” take you on the American Discovery Trail across America, from sea to shining sea! Earn rewards along the way as you track your miles!

For more information and to register online, visit www.pgparks.com/Club300.htm or call the Club 300 voicemail at 301-446-3444.

www.pgcc.edu
# Summer 2015
## Alphabetical Listing of Courses

### ART
Courses relating to the business, production, history, and appreciation of art.

**IMPORTANT**
Always register for Parts I and II of two-part classes.

#### Art History

<table>
<thead>
<tr>
<th>Class</th>
<th>Day</th>
<th>Time</th>
<th>Instructor</th>
<th>Emphasis</th>
</tr>
</thead>
<tbody>
<tr>
<td>#98011</td>
<td>14, F</td>
<td>10 am-12 pm</td>
<td>A. Kirtland</td>
<td>Fiber Art: Quilting—Intermediate</td>
</tr>
<tr>
<td>#98012</td>
<td>14, F</td>
<td>12:30-2:30 pm</td>
<td>A. Kirtland</td>
<td>Fiber Art: Quilting—Intermediate</td>
</tr>
<tr>
<td>#98020</td>
<td>14, F</td>
<td>10 am-12 pm</td>
<td>J. Stone</td>
<td>Beginning &amp; Intermediate Ceramics</td>
</tr>
</tbody>
</table>

#### Drawing

(Art 311/913)
Fundamental courses in the practical art of drawing and sketching using various media.

**Offered at the following sites:**

- Bowie Senior Center
  - #97983 14, M, 2-4 pm, 6/8-9/14, E. Baer
    (Traditional Drawing I)

#### Studio Fine Art

(Art 916/918)
Courses offer students opportunities to explore fine art through drawing, watercolor, oils, collage, pastel, etc.

**Offered at the following sites:**

- Bowie Senior Center
  - #98023 15, T, 9-10 am, 6/9-9/15, D. Swanson
    (Part I)
  - #98024 15, T, 10 am-12 pm, 6/9-9/15, D. Swanson
    (Part II)

### Design & Production of Crafts for Sale & Profit

(Art 902/903/910)
Course teaches the art and business of creating quality craft items for sale and personal use.

**Offered at the following sites:**

- Bowie Senior Center
  - #98019 14, M, 10 am-12 pm, 6/8-9/14, J. Stone
    (Intermediate Ceramics)
  - #98022 14, M, 10 am-12 pm, 6/8-9/14, D. Swanson
    (Jewelry Making—Beginning)
  - #98005 9, M, 12:30-4 pm, 6/8-8/3, B. Rapczynski
    (Advanced Stained Glass, Part I)
  - #98006 5, M, 12:30-4 pm, 8/10-9/14, B. Rapczynski
    (Advanced Stained Glass, Part II)
  - #98009 15, T, 9:30-11:30 am, 6/9-9/15, A. Kirtland
    (Knitting/Crocheting, Part I, Intermed. & Adv.)
  - #98010 15, T, 11:30 am-12:30 pm, 6/9-9/15, Kirtland
    (Knitting/Crocheting, Part II, Intermed. & Adv.)
  - #98017 7, W, 9 am-1 pm, 6/10-7/22, P. Stein
    (Beginning Stained Glass & Mosaics, Part I)
  - #98018 7, W, 9 am-1 pm, 7/29-9/9, P. Stein
    (Beginning Stained Glass & Mosaics, Part II)

### How to Read Course List

<table>
<thead>
<tr>
<th>Synonym Number</th>
<th>Location of class</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>#98720</td>
<td>University Town Center (UTC)</td>
<td>B. Miller</td>
</tr>
<tr>
<td>#98720 15, Th, 10 am-12 pm</td>
<td>6/11-9/17</td>
<td>Beg. Spanish, Level I</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class Time</th>
<th>Class dates</th>
<th>Day of the week class will meet</th>
<th>Number of times the class will meet</th>
<th>Class Emphasis</th>
</tr>
</thead>
<tbody>
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<td>#98011</td>
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<td>10 am-12 pm</td>
<td>6/12-9/18</td>
<td>J. Stone</td>
</tr>
</tbody>
</table>

**Camp Springs Senior Activity Center**

- #98421 15, Th, 10 am-12 pm, 6/11-9/17, D. Swanson
  (Jewelry Making—Beginning)
Offered at the following sites:
Largo Campus, CAT Building, Room 135
#98706 14, M, 2:30-4:30 pm, 6/8-9/14, K. Smith
(Intro to the Internet is included)
#98710 15, Th, 9-11 am, 6/11-9/17, A. Gray
(Internet will be taught 2nd half of term)
St. Paul's Senior Living (SPSL) Apartments
#98717* 15, W, 9:30-11:30 am, 6/10-9/16, F. Ennels
*  Lab fee is $25—make check payable to SPSL
Apartments’ PGCC SAGE Lab Fund.

Computer Skills: Intermediate

(DPR 507)
This course will continue to build on the knowledge gained in the introductory computer classes.
(Prerequisite: Satisfactory completion of beginning level computer class.)
Offered at the following sites:
Largo Campus, CAT Building, Room 135
#98707 14, M, 9-11 am, 6/8-9/14, A. Gray
St. Paul's Senior Living (SPSL) Apartments
#98716* 15, F, 12:30-2:30 pm, 6/12-9/18, E. Baer
*  Lab fee is $25—make check payable to SPSL
Apartments’ PGCC SAGE Lab Fund.

Watercolor

(ART 911/918)
Course is designed to develop individual skills and impart an understanding of watercolor painting theories; demonstration of techniques is included.
Offered at the following site:
Bowie Senior Center
#98025 15, W, 10 am–12 pm, 6/10-9/16, D. Swanson
(Beginning-Advanced, Part I)
#98026 15, W, 12:30-2:30 pm, 6/10-9/16, D. Swanson
(Beginning-Advanced, Part II)

Computers: Introduction

(DPR 548)
Class is designed to provide a basic knowledge of computers and show how to perform simple functions.

Courses relating to the understanding and use of computers. Purchase of a text may be required for computer classes. A $25 lab fee is charged for each computer class at College-owned facilities. For all non-College facilities, the amount of lab fee is listed below and payable to the site.

Microsoft Office Suite

(DPR 748)
This course enables the student to learn the basics of MS Office 2010/2013, including Word, Excel, Access and PowerPoint, by doing hands-on projects.
**ATH 900/901**
Course presents lecture and supervised exercises designed by the President's Council on Physical Fitness and Sports. Other activities may include aerobics, pickle ball, dance, weight lifting, and/or health related lectures.

**Offered at the following sites:**
Largo Campus, CAT Building, Room 135
#98708 15, T, 9-11 am, 6/9-9/15, A. Gray
(Word/PowerPoint/Excel)
#98709 15, W, 9-11 am, 6/10-9/16, A. Gray
(Advanced students only)

**FINANCE**

These courses are designed to give contemporary information and improve understanding of fiscal management, especially as these skills apply to planning for financial security.

**Estate Planning**

(COS 909)
Course is designed to give the layperson an overview of wills and estate proceedings with emphasis on the advantages of planning.

**Offered at the Bowie Senior Center in the Fall & Spring**

**Income Tax**

(COS 952)
This in-depth class on income tax preparation teaches tax savings techniques and includes discussion on retirement income, capital gains, maximizing deductions, reducing taxes and tips on computing estimated taxes.

**Healthy Living-Fitness**

These courses are designed to provide information about proven ways to improve overall health and increase fitness levels. Good nutrition, cardio/aerobic improvement, preventative strategies, balance, flexibility, alternative healing methods, and other topics may be covered. **Please check with your physician and get approval before enrolling in a class in this section.**

**Health & Fitness (Parts I & II)**

(ATH 900/901)
Course presents lecture and supervised exercises designed by the President's Council on Physical Fitness and Sports. Other activities may include aerobics, pickle ball, dance, weight lifting, and/or health related lectures.

**Offered at the following sites:**
Bowie Community Center
#97979 10, T/Th, 8:30-11:30 am, 4/28-5/28, J. Lee
(Part I)
#97981 10, T/Th, 8:30-11:30 am, 6/2-7/2, J. Lee
(Part II)
Largo Campus, Novak Field House, Room 100
#98073 10, T/Th, 8:30-11:30 am, 5/26-6/25, W. Bickford
(Part I)
#98074 10, T/Th, 8:30-11:30 am, 6/30-7/30, W. Bickford
(Part II)

**HEALTH & FITNESS**

(COS 909)
Course is designed to give the layperson an overview of wills and estate proceedings with emphasis on the advantages of planning.

**Offered at the Bowie Senior Center in the Fall & Spring**

**Income Tax**

(COS 952)
This in-depth class on income tax preparation teaches tax savings techniques and includes discussion on retirement income, capital gains, maximizing deductions, reducing taxes and tips on computing estimated taxes.

**Healthy Living-Fitness**

These courses are designed to provide information about proven ways to improve overall health and increase fitness levels. Good nutrition, cardio/aerobic improvement, preventative strategies, balance, flexibility, alternative healing methods, and other topics may be covered. **Please check with your physician and get approval before enrolling in a class in this section.**

**Healthy Living-Fitness**

(COS 909/910)
Course presents lectures and information on health issues along with supervised, demonstrated exercises designed to increase flexibility and improve muscle tone and strength. Other activities may be included. Many classes have a specific focus. Please contact the Center, the instructor, or the SAGE Program for additional information.

**Offered at the following sites:**
Bowie Senior Center
#97989 14, M, 10 am-12 pm, 6/8-9/14, C. J. Chang
#98004 7, M, 12:30-2:30 pm, 6/8-7/20, P. Durning
#98014 15, T, 1:3 pm, 6/9-9/15, B. Meadows
#97998 7, W, 10:30 am-12:30 pm, 6/10-7/22, Wingfield
#97999 7, W, 10:30 am-12:30 pm, 7/29-9/9, A. Contee
#97990 15, W, 1-3 pm, 6/10-9/16, C. J. Chang
#98000 15, Th, 10 am-12 pm, 6/11-9/17, A. Contee
(Intermediate/Advanced)
#98001 15, Th, 12-2 pm, 6/11-9/17, A. Contee
#98013 15, Th, 3-5 pm, 6/11-9/17, S. McCarroll
#97991 14, F, 10 am-12 pm, 6/12-9/18, C. J. Chang
#98007 12, F, 10 am-12 pm, 6/12-9/25**, H. Harris
(**No classes: 6/26, 7/3, 7/10, 8/14)
#98008 14, F, 10 am-12 pm, 6/12-9/18, L. Hegewisch
(Beginning)
#97992 14, F, 1-3 pm, 6/12-9/18, C. J. Chang
#98027 13, S, 8:30-10:15 am, 6/13-9/19, L. Weimer
(Advanced)
#98028 13, S, 10:15 am-12 pm, 6/13-9/19,
L. Weimer (Beginning)
Camp Springs Senior Activity Center
#98424 15, T, 10 am-12 pm, 6/9-9/15, M. Turner
#98420 15, T, 12-2 pm, 6/9-9/15, M. Saulsberry
#98419 15, W, 10 am-12 pm, 6/10-9/16, P. Sarmiento
#98425 15, Th, 10 am-12 pm, 6/11-9/17, M. Turner
#98422 15, Th, 12-2 pm, 6/11-9/17, M. Saulsberry

Collington Episcopal Life Care Community
#98724 14, M, 9-10 am, 6/8-9/14, I. Hunter
#98725 14, M, 10-11 am, 6/8-9/14, I. Hunter
#98410 14, M, 1-3 pm, 6/8-9/14, C. J. Chang
#98408 15, T, 8:30-10:30 am, 6/9-9/15, D. Armstrong
#98726 15, W, 9-10 am, 6/10-9/16, I. Hunter
#98727 15, W, 10-11 am, 6/10-9/16, I. Hunter
#98411 15, W, 10 am-12 pm, 6/10-9/16, C. J. Chang
#98797 15, W, 10:30-12:30 am, 6/10-9/16, Faculty
#98728 15, W, 11 am-12 pm, 6/10-9/16, Faculty
#98409 15, Th, 8:30-10:30 am, 6/11-9/17, D. Armstrong
#98729 14, F, 9-10 am, 6/12-9/18, I. Hunter
#98730 14, F, 10-11 am, 6/12-9/18, I. Hunter
#98731 14, F, 11 am-12 pm, 6/12-9/18, Faculty

Evelyn I. Cole Senior Activity Center
#98430 14, F, 10 am-12 pm, 6/12-9/18, B. Meadows

Greenbelt Community Center
#98350 14, T, 10-11 am, 6/9/14, N. Shaffer
#98267 15, W, 1:30-3:30 pm, 6/10-9/16, B. Meadows
#98400 14, F, 10 am-12 pm, 6/12-9/18, C. Romero

* To register for these classes, call 301-397-2208.

***NOTE***
From June 8 through August 21: The above classes will be held at the Greenbelt Dept of Recreation/Springhill Lake Gym. EXCEPT #98350 which will start at the Community Center for two weeks and then move to Springhill Lake Gym, 6101 Cherrywood Lane, Greenbelt, MD.

From August 24 through September 18: Classes will be held at the Greenbelt Community Center, 15 Crescent Road, Greenbelt, MD.

John E. Howard Senior Activity Center
#98542 14, M, 12:30-2:30 pm, 6/8-9/14, C. Brown
#98545 30, T/Th, 10:30-11:30 am, 6/9-9/17, P. Smith
#98547 30, T/Th, 11:30 am-12:30 pm, 6/9-9/17, Smith

Laurel Armory-Anderson & Murphy Community Ctr
#98432 14, M, 9-11 am, 6/8-9/14, B. Davis
#98433 15, T, 9-11 am, 6/9-9/15, B. Davis
#98434 15, W, 9-11 am, 6/10-9/16, B. Davis
#98435 15, Th, 9-11 am, 6/11-9/17, B. Davis
#98436 14, F, 9-11 am, 6/12-9/18, B. Davis

New Carrollton City Hall
#98478 14, M, 1:30-3:30 pm, 6/8-9/14, P. Smith
#98479 15, W, 1:30-3:30 pm, 6/10-9/16, P. Smith
#98480 15, Th, 1-2 pm, 6/11-9/17, P. Smith
#98481 14, F, 11:15 am-12:15 pm, 6/12-9/18, P. Smith

Prince George’s Plaza Community Center
#98482 15, W, 11 am-1 pm, 6/10-9/16, F. Pate

St. Paul’s Senior Living Apartments
#98483 14, M, 4-5 pm, 6/8-9/14, P. Smith
#98484 15, W, 4-5 pm, 6/10-9/16, P. Smith

Temple Solel
#98486 14, M, 12:30-2:30 pm, 6/8-9/14, R. Schoch

University Town Center (UTC)
#98721 15, T, 4:30-6:30 pm, 6/9-9/15, P. Smith
#98722 15, Th, 3-5 pm, 6/11-9/17, P. Smith

**Therapeutic Aquatic Exercise**

(ATH 930)
This course is designed to provide both therapeutic aquatic exercise and swimming instruction. Each session includes water exercise and/or beginning, intermediate, or advanced swimming instruction. Students must supply their own towels.

*Offered at the following sites:*
- Allentown Road Aquatic Center
  #97977 37, MW/F, 8-9 am, 5/11-8/7, E. Richards
  #97978 37, MW/F, 9-10 am, 5/11-8/7, E. Richards
- Collington Episcopal Life Care Community
  #98069 26, T/Th, 10-11:30 am, 5/12-8/6, S. Shell
- Largo Campus, R. I. Bickford Natatorium
  #98070 37, MW/F, 9-10 am, 5/11-8/7, J. Redmiles
  #98071 37, MW/F, 10-11 am, 5/11-8/7, J. Redmiles
  #98072 37, MW/F, 11 am-12 pm, 5/11-8/7, Redmiles

**HISTORY/SOCIAL STUDIES**

These courses cover all aspects of history: ancient, modern, contemporary, local, national, international, ethnic, regional, and much more. Courses related to geography, anthropology, sociology are all part of this group of classes.

**American History**

(HIS 909)
These courses suggest some of the dominant themes of American life during certain periods and will stimulate consideration of how said themes relate to the present.

*Offered at the following sites:*
- Bowie Senior Center
  #97997 15, T, 12:30-2:30 pm, 6/9-9/15, V. Cipriani
Collington Episcopal Life Care Community  
#98703 15, T, 7-9 pm, 6/9-9/15, M. Croatti (The 14 Forgotten Presidents Before George Washington)  
#98704 15, Th, 7-9 pm, 6/11-9/17, M. Croatti (The 150th Anniversary of the End of the Civil War)  

Greenbelt Community Center  
#98192 7, M, 10-12 pm, 6/8-7/20, L. Doyle (American History, Part D)  
#98200 14, T, 10:30 am-12:30 pm, 6/9-9/15, M. Crane (Native Americans from Canada)  

Laurel Armory-Anderson & Murphy Community Ctr  
#98431 14, F, 12:30-2:30 pm, 6/12-9/18, V. Cipriani  

**Art History**  
(ART 361)  
These courses focus on the many themes, styles, techniques, and subjects that have been used in the history of art. Students will also learn about various artists and how to appreciate different aspects of their work.  
**Offered at the following sites:**  
**Bowie Senior Center**  
#98157 7, W, 10 am-12 pm, 8/12-9/23, D. Haverstick (Early Northern European Art)  
**Greenbelt Community Center**  
#98261 6, Th, 1-3:15 pm, 8/13-9/24, D. Haverstick (Early Northern European Art)  

**Current Issues**  
(ENR 903)  
This course focuses on topics of current interest and importance, such as national and world news stories and events. Discussion is encouraged.  
**Offered at the following sites:**  
**Bowie Senior Center**  
#97996 15, T, 10 am-12 pm, 6/9-9/15, V. Cipriani  
**Camp Springs Senior Activity Center**  
#98414 14, M, 1-3 pm, 6/8-9/14, V. Cipriani  
**Temple Solel**  
#98485 14, M, 10 am-12 pm, 6/8-9/14, V. Cipriani  

**Environmental History**  
(HIS 348)  
This course surveys topics in environmental history including the relationship between the human and non-human worlds.  
**Offered at the following sites:**  
**Bowie Senior Center**  
#98002 15, W, 10 am-12 pm, 6/10-9/16, M. Crane (4 Billion Years—Rocks, Plants, and Animals)  
#98003 15, W, 1-3 pm, 6/10-9/16, M. Crane (Mary’s Land: Natural Spaces, Agriculture, and Towns)  

**French Culture**  
(HIS 317)  
This course is designed to spotlight French culture through brief discussions about the language, customs, and the arts, but the primary focus of this class is learning the basics of French cuisine via hands-on demonstrations.  
**Offered at the following site:**  
**Greenbelt Community Center**  
#98346* 7, T, 3:15-5:45 pm, 6/9-7/21, K. Otchere (Part I)  
#98347* 7, T, 3:15-5:45 pm, 7/28-9/8, K. Otchere (Part II)  
*Food fee - $30: make check payable to City of Greenbelt.  

**History Through Hollywood**  
(HIS 356)  
Class presents an opportunity to examine historical themes and events as they have been represented, or misrepresented, in film, with emphasis on the changing interpretation of history reflected in the medium.  
**Offered at the following sites:**  
**Bowie Senior Center**  
#98201 13, Th, 10 am-12 pm, 6/11-9/17, L. Suid (World War II)  
**Greenbelt Community Center**  
#98269 6, Th, 1:30-3:15 pm, 8/13-9/24, T. Mulligan (Historically Themed Films)  
#98285 13, W, 1:15-3:15 pm, 6/10-9/16, L. Suid (World War II)  

**Local History**  
(HIS 908)  
Explore local history. If feasible, visit local historical sites and discuss the relevant facts and folklore. Class days and times may vary after first class date. (Additional fee/cost possible.)  
**Offered at the Camp Springs Senior Activity Center**  
#98415 15, W, 10 am-12 pm, 6/10-9/16, V. Cipriani  

**HUMANITIES**
Autobiographical Writing
(SKB 419)
This course offers the opportunity to produce autobiographies and memoirs under professional supervision.

Offered at the following sites:
Bowie Senior Center
#98162 15, T, 10 am-12 pm, 6/9-9/15, M. Clair
(Writing Your Memoirs)

Humanities: An Exploration
(ENR 913)
Students in this course will view the past 100 years of development in the areas of history, politics, literature, theatre, religion, music and other subjects.

Offered at the Camp Springs Senior Activity Center
#98416 14, M, 10 am-12 pm, 6/8-9/14, P. Patente

Literature: An Exploration
(ENR 380/385)
This course will offer students opportunities to read, discuss and analyze works of literature.

Offered at the following sites:
Bowie Senior Center
#98159 14, F, 1-3 pm, 6/12-9/18, S. Lundahl
(Tales for the Midlife Traveler: From Aging to Sage-ing)
Greenbelt Community Center
#98283 14, M, 1-3 pm, 6/8-9/14, A. Ross
(African American Literature)

LANGUAGES

These courses include a number of foreign languages, e.g., French, Italian, Spanish, German, and American Sign Language. Please choose the class which best matches your skill level; do not sign up for multiple classes of the same language so that our language instructors can teach the appropriate level in each class.

French
(LGE 337/338)

Offered at the following sites:
Bowie Senior Center
#98015 15, W, 9-11 am, 6/10-9/16, A. Soloviev
(Beginning, Level I)
#98016 15, W, 11 am-1 pm, 6/10-9/16, A. Soloviev
(Beginning, Level II)
#98398 15, W, 1:30-3:30 pm, 6/10-9/16, A. Soloviev
(Intermediate)

Greenbelt Community Center
#98284 14, Th, 10:30 am-12:30 pm, 6/11-9/17,
C. Sleeth (Beginning/Understanding the French)

Greek

(LGE 301)

Offered at the Laurel College Center:
312 Marshall Ave, Suite 205, Laurel, MD 20707
#98903 12, M, 1-3 pm, 6/8-8/31, J. Cahill
(Biblical Greek, An Introduction)

Spanish

Camp Springs Senior Activity Center
#98426 15, T, 11 am-12 pm, 6/9-9/15, E. Williams
(Intro Class)
#98427 15, T, 12-1 pm, 6/9-9/15, E. Williams
(Beginning)
#98428 15, T, 1-2 pm, 6/9-9/15, E. Williams
(Intermediate)
#98429 15, T, 2:15-3:15 pm, 6/9-9/15, E. Williams
(Advanced)

John E. Howard Senior Activity Center
#98548 14, F, 10-11 am, 6/12-9/18, E. Williams (Intro)
#98549 14, F, 11 am-12 pm, 6/12-9/18, Williams (Beg)

Reid Temple African Methodist Episcopal Church
#98719 15, T, 10 am-12 pm, 6/9-9/15, B. Miller
(Beginning, Level II)

University Town Center (UTC)
#98720 15, Th, 10 am-12 pm, 6/11-9/17, B. Miller
(Beginning, Level I)

Music

These discussions and practical courses cover multiple aspects of music, from developing group performance skills to understanding opera to discussion of classical pieces and composers to analysis of musical compositions to writing music.

Music Appreciation
(MUS 301/308)
Course covers the evolution of music and its variations from historical, geographical, and cultural perspectives via class discussions or video presentations. Some courses will focus on various aspects of opera from composers to history to individual operas.

Offered at the following sites:
Bowie Senior Center
#97994 15, T, 1-3 pm, 6/9-9/15, Y. K. Choi
#97987 7, Th, 2-4 pm, 6/11-7/23, J. Cahill
(Gustav Mahler)

www.pgcc.edu
Music Appreciation: Class Piano

(MUS 307/302)
Course will introduce the student to the basic elements of music and keyboard proficiency, fundamentals of sight reading, scales and chords. Emphasis can range from theory to performance, depending upon the number of keyboards available. Teachers may need to divide classes by skill level. Please bring headphones to class.

Offered at the following sites:
Bowie Senior Center
#97993  15, T, 11 am-1 pm, 6-9-15, Y. K. Choi
#97995  15, T, 3-5 pm, 6/9-9/15, Y. K. Choi
Camp Springs Senior Activity Center
#98417  15, T, 9:30-11:15 am, 6/9-9/15, P. Patente
#98418  15, T, 11:15 am-1 pm, 6/9-9/15, P. Patente
John E. Howard Senior Activity Center
#98543  15, W, 10 am-12 pm, 6/10-9/16, J. Choi
Largo Campus, Marlboro Hall, Room 1058/60
#98711  14, M, 12-2 pm, 6/8-9/14, N. Soliman
#98712  14, M, 2-4 pm, 6/8-9/14, N. Soliman
#98713  14, F, 11 am-12 pm, 6/12-9/18, N. Soliman
#98714  14, F, 12-1 pm, 6/12-9/18, N. Soliman
#98715  14, F, 1-2 pm, 6/12-9/18, N. Soliman

Science
These courses cover different areas of science and may include social, physical, formal, and life science, as well as the study of earth & space.

Astronomy

(PSC 900/901)
Course will introduce students to the elements of astronomy including the planets, stars, galaxies, and their relationship to each other and earth. It will also cover many other intriguing aspects of space, from the past to the present day.

Offered at the following sites:
Bowie Senior Center
#97986  14, M, 12:30-2:30 pm, 6/8-9/14, Blumenstock
Greenbelt Community Center
#98701  7, Th, 1-3 pm, 6/11-7/23, M. Blumenstock

Trimester Dates for Summer 2015

Most SAGE Summer 2015 classes begin the week of June 8, 2015 and end the week of September 19, 2015.

Looking ahead to Fall 2015, most* SAGE classes will begin the week of October 5 and end January 23, 2016. (*Therapeutic Aquatic Exercise and Health & Fitness classes start in August.)

“No Class” Dates for Summer 2015
July 3rd & 4th
September 5th & 7th

Inclement Weather Policy

- The SAGE Program, except ATH-900/901 (Health and Fitness) and ATH-930 (Therapeutic Aquatic Exercise) classes, follows the Prince George’s County Public School System. Whenever Prince George’s County Schools are canceled due to bad weather, SAGE classes are canceled.
  - A one-hour delay doesn’t affect classes. If public schools are delayed for two hours, classes starting before 11 am will be canceled.
  - If public schools close two hours early because of predicted bad weather, all classes after 2 pm will be canceled.
- All SAGE classes (on and off campus including ATH-900/901 and ATH-930 classes) are canceled if Prince George’s Community College is closed due to bad weather.
- Saturday students should listen to Public Service Announcements on radio and television to determine if a site is open for classes.
General Information

Companion Classes
To get maximum benefit from classes with multiple sections, students should sign up for Part I followed by Part II.

Course Confirmation
The only way to confirm your course(s) is to register online or in-person. You will be contacted by SAGE only if the class is canceled or if the schedule changes. Please verify your class schedule by going to www.pgcc.edu and then clicking on Owl Link at the top of the page.

Course Capacities
Many classes have limited capacity dictated by space, safety or equipment. Register early!!!

Course Cancellations
Classes which do not have sufficient enrollment at least one week before the start date will be canceled. Please register early to ensure your classes will not be canceled.

Instructors
Although many instructor names are listed, teachers may be changed without notice.

Seniors Helping Seniors Grants
Applications for the revised ‘Seniors Helping Seniors’ (SHS) Grants can be requested by calling the following numbers:

Customer Service Desk at 301-546-0159
SAGE Program Office at 301-546-0882

When leaving a message, please state that you are requesting an SHS grant application, then leave your name and address, speaking slowly and clearly. To avoid confusion, please also spell last name, and street address.

The deadline to apply for a summer grant is June 8, 2015.

For Additional Information on the SAGE Program

e-mail us at SAGE@pgcc.edu

or

Suzanne van Nuys ....svannuys@pgcc.edu
Arlene Robinson .......robinsai@pgcc.edu
Ruth Harris .............harrisrg@pgcc.edu
Customer Service Desk ..... 301-546-0159

Therapeutic Aquatic Exercise class information:
301-546-0519

Bookstore…………………………..301-546-0912
Cashier's Office……………………301-546-0691
Library………………………………301-546-0105
WDCE Customer Service……….. 301-546-0159

MATTERS OF MONEY

Registration Fees

The SAGE calendar consists of three trimesters: Fall, Spring and Summer. Maryland residents who are 60 or older may register for as many non-conflicting courses as desired and pay one $50 SAGE Registration Fee (SRF) per trimester, plus any additional instructional, supply and/or lab fees. For non-seniors and all non-Maryland residents, including those aged 60 or older, the non-refundable registration fee is $15 per trimester plus tuition and any additional instructional, supply and/or lab fees.

Tuition Waiver

Tuition for SAGE courses is waived for Maryland residents who are 60 or older, on the date of registration.

Tuition for Non-Seniors and Others

Prince George’s County residents under 60 years old and all others who do not meet the criteria for a tuition waiver may register for any classes in this booklet by paying the tuition, however some sites have age restrictions. (Please check site information pages 6-8.) The cost of SAGE tuition is based on the total number of hours per course (see below), plus the $15 registration fee. For example:

Tuition

<table>
<thead>
<tr>
<th>Total hours from 12 to 15</th>
<th>$75</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total hours from 24 to 45</td>
<td>$150</td>
</tr>
</tbody>
</table>

Out of county Maryland residents will pay an additional $5 per course. Non-Maryland residents (including those who are 60 years old or older) will pay an additional $10 per course.

Payment

Payment is due at the time of registration. Please make your check or money order payable to Prince George’s Community College and attach it to your registration form. Cash is accepted only at the Cashier’s Office in Bladen Hall, Room 120, Monday-Thursday, 8:30 am-8 pm and Friday, 8:30 am-5 pm.

Refund Policy

To receive a refund of the $50 registration fee, SAGE students must officially DROP all classes at least two (2) business days prior to the earliest start date. No exceptions! Refunds are automatically issued for classes canceled by the college. Allow 14 business days for processing.

Supplies, Books and Lab Fees

Students are responsible for purchasing their own supplies for all classes, e.g., art materials, craft supplies, tools, textbooks. (Information regarding a required text or other supplies will be made known at the first class.) Lab fees may be assessed for some courses.
### PRINCE GEORGE'S COMMUNITY COLLEGE CONTINUING EDUCATION REGISTRATION FORM

(Non-Credit Courses Only)

**Term:** 2015csu

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**PERMANENT ADDRESS**
- (street)_________
- APT #_________
- CITY_________
- STATE_________
- ZIP_________

**HOME TELEPHONE**_________

**CELL TELEPHONE**_________

**GENDER**_________

**DATE OF BIRTH**_________

**E-MAIL**_________

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**RESIDENCY** (please check one)
- Prince George’s County
- Other MD County
- Out of State

**STATUS** (please check one)
- Adults 60 or over, MD Resident**
- Disabled Retiree Residing in MD***
- All Others

**SPC** (please check if applicable)
- PGCC Full-Time Employee
- Dependent of PGCC Full-Time Employee

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**SAGE Booklet—** online at [www.pgcc.edu](http://www.pgcc.edu)

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**Course**

**Number**

**Synonym #**

**Course Title**

**Start Date**

**Begin/End Time**

**Location**

**Fee**

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I certify under penalties of perjury that the information recorded on this application is correct. I agree to abide by the rules and regulations and policies of Prince George’s Community College as presently in effect and/or hereafter enacted. If in the future I change my residence, I understand that it is my responsibility to notify the Admissions and Records Office at Prince George’s Community College and to provide them with my correct address.

Signature: ____________ Date: ____________

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**NOTE:** Mail check or money order, payable to Prince George’s Community College, with registration form to:

Cashier’s Office  
Prince George’s Community College  
301 Largo Road  
Largo, MD 20774-2199

OFFICE USE ONLY
- Processed by: ____________
- Date: ____________
- Check or M.O.#: ____________

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RACE CODE (please check one)
(Required by US Dept. of Education)
- Native American
- Asian
- Black/African American
- Hispanic
- White, non-Hispanic
- Unknown/Other

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**Meeting Fee**

**Total**

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**PLEASE NOTE:** To complete the registration process, attach your check or money order payable to Prince George’s Community College and submit to the Cashier’s Office at the above address.  *You will not receive a confirmation when registering by mail!*
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Our very own flower is helping SAGE students bloom!

Narjes Soliman, Ph.D. is a music educator, author, composer, and pianist, dedicated to helping people express themselves through music. The name Narjes means daffodil, and Narjes is inspired by nature in her music and is an inspiration to our sages. She started teaching group piano at PGCC for the SAGE Program in the summer of 2013, and her classes have become incredibly popular, with enrollment bursting at the seams. When word of the success of her classes reached organizers of the Music Teachers National Association (MTNA) conference, Narjes was invited to share her teaching philosophy and approach with other teachers at the MTNA conference held in Las Vegas on March 21.

We asked Narjes to share with us...

When did you begin to play the piano?
I started playing piano when I was eight years old.

Do you believe that playing the piano keeps your students’ brains active?
Yes. There is a lot of research confirming the benefits of piano lessons for senior adults. Some of the benefits are improved memory, coordination, and concentration. Group piano lessons are also great for making friends, building confidence, and providing an opportunity for creative self-expression.

Do you have an anecdote to share from your classes?
I have one student who came to class with no previous music study. She was happy to be in class, but at the same time she was somewhat unsure of herself. During her first semester, she came to me at the end of one class literally in tears because she just wasn’t understanding one concept that we had worked on. After I gave her some individual help and encouragement, she felt better. Since that day, she has taken off with her piano playing. Every week, she comes in with new pieces to play for me and I can see how excited and proud she is of her progress. I love seeing her joy. It makes my job so fun.

What do you like most about teaching for SAGE?
I love getting to know the students and helping them to achieve their goal of playing the piano. Many people in the SAGE classes have wanted to play the piano all their lives, and they finally have the time to take lessons. I find it very rewarding to help them play the music that they want to learn, and to see the excitement in their faces when they accomplish something that they initially weren’t sure they could do. We also just have a lot of fun together in the classes. The SAGE students are a wonderful group of people, and it is a privilege to be their teacher.

And SAGE is privileged to have Dr. Narjes Soliman sharing her talent, creativity, and compassion with our students.
Seniors Helping Seniors Grants

**Change A Life**

SAGE will officially sponsor our fund-raising effort during the week of July 13, 2015.

SAGE students are asked to donate loose change in each class in which they are enrolled in order to change a life for fellow students who cannot afford to register.

During **Change A Life** week, remind teachers to collect, and fellow students to donate, change and/or bills in every class they take.

Larger donations—cash or checks made out to PGCC/SHS—are most welcome. All donations go directly to SAGE students in need of help. Each trimester, grants are awarded to students with a short-term demonstrated need.

Checks should be made out to Prince George’s Community College with “Seniors Helping Seniors” written on the memo line. They can be mailed to the following address:

- PGCC Seniors Helping Seniors
  - Kent Hall, Room 201
  - 301 Largo Road
  - Largo, MD 20774-2199

Our heartfelt thanks to everyone who has contributed.