Seasoned Adults
Growing Educationally

Spring 2014
Classes for Seniors
60 and Older

Transforming lives.
PRINCE GEORGE'S
COMMUNITY COLLEGE
A Price Increase Every 20 Years – Still A Great Deal!!!

It’s time to test your memory! Can you think of the price of any must-have item from 20 years ago that has not increased today? In 1995, a gallon of milk was $2.59 – it’s now $3.50; a loaf of bread was $1.40 and is now $2.00; a gallon of gasoline, once $1.35, is currently well over $3.00! What about enrichment, edification or just pure entertainment? A movie ticket cost $4 in 1995. Today, it will set you back about $9.

Fall 2014 will bring a change that is 20 years in coming. The SAGE registration fee will increase to $75. It was 1995 when the registration fee last increased - from $35 to $50. In the interim years, we have continued to offer quality SAGE classes for the same registration fee each trimester. As prices all around us went up, our fee remained constant. So, it is not surprising that in Fall 2014, the SAGE registration fee must increase to keep up with the times and allow us to continue to offer our fulfilling program. And it’s still the best deal around, covering as many engaging classes as your schedule can accommodate!

Some things in life are staples – bread, milk, gasoline. They keep you going day to day; when the price goes up, you accept that as a fact of life and you pay it. For a full life, mentally and physically, SAGE is also a staple. We know you will understand the necessity of increasing the registration cost and trust that you will continue to “stock” your life with this both sustaining and enriching program.

Keep SAGE a staple in your life!
**Important College Registration Policy**

The policy of Prince George’s Community College is to prohibit enrollment in multiple classes meeting at the same time, on the same day and dates. Students MUST choose the classes they want to attend and make sure there are no conflicts of time/day/date on the schedules. This may mean registering for a different section of a desired class. Teachers are instructed not to allow students to attend classes for which they are not officially registered. **Please be careful to register for all classes.**

---

**AGE RESTRICTION**

Although the SAGE Program permits students under 60 years old to pay tuition and participate in some classes, at many senior class sites there is an age restriction. Therefore, anyone under the age of 60 wanting to enroll in a SAGE class must first get permission from the class site manager to make sure he or she meets the age participation requirements. Some site limitations are listed in the SITE Directory beginning on page 6.
3 Ways to Register for SAGE Classes

1) **Online through Owl Link**
   It’s PGCC’s online registration system and the fastest, safest, easiest way to get the classes you want. **You must register no later than one day before** class begins.

   A. Go to the college’s Home Page at **www.pgcc.edu**.

   B. **Click on the icon** (located under Class Schedules). You’re now at the **MAIN MENU**.

   **NEW STUDENT**: You have never attended a PGCC program or class.
   To register, follow the steps below. You will be emailed an Owl Link Username/ID and temporary password (which you modify to become your permanent password). Please retain them to facilitate all future Owl Link transactions.
   1) From the **MAIN MENU**, click on **Workforce Development & Cont. Ed. Students**.
   2) Under **Cont. Ed. Registration** click on **Enroll and Register for Courses**.
   3) Click on **Create a student account**.
   4) On the **Personal Identification** screen, fill in **all required fields** (indicated by an * asterisk). **Check the box at the bottom of page** and click **SUBMIT**.
   5) On the **Confirm Personal Info** screen, **check the box at the bottom of the page** and click **SUBMIT**.
   6) For security, you will receive two separate e-mails, the first with your Owl Link Username/ID and the second with your temporary password.
   7) With this information, return to **MAIN MENU** and click **LOG IN**.
      Login using the Username/ID and password provided to you in your e-mails.
      You will see the message, **Your password has expired!**
   8) You now have to reset your password. **The password you create must have exactly eight (8) characters and must include at least one capitalized letter, one in lowercase and at least one character has to be a number. No special characters are permitted!**
   9) Once you have successfully logged into **Owl Link**, you will be returned to the **MAIN MENU**. You can now proceed to “C” to register for your classes. First, however, click on **Profile Update** (the last item) under User Account-Returning Students and **note your Student ID**—the 7-digit number at the upper left hand corner. Retain your Student ID for future reference in case you have to contact the help desk (for example, if you forget your username/ID or password).

   **RETURNING STUDENT**: You have previously enrolled in any course at PGCC. You will need to **LOG IN** to Owl Link in order to register.

   1) If you have received a Username/ID and password previously **but do not remember your login information**, follow the appropriate links on the login screen to retrieve your Username/ID and/or password.
   2) If you have registered for any PGCC classes before **but have never received a Username/ID and password**, you must **contact the Help Desk at 301-322-0637** or e-mail **helpdesk@pgcc.edu** to receive them. You must have your Student ID# available when you contact the Help Desk.

   **www.pgcc.edu**
C. To register for classes: From the MAIN MENU

1) Click on **LOG IN** and complete your login information and click **SUBMIT** which returns you to the **MAIN MENU**.
2) Click on **Workforce Development & Cont. Ed Students**.
3) Click on **Enroll and Register for Courses** and on the next screen, click on **Register for classes**.
4) Using this booklet or your site-specific registration form, find the classes you want to take and **note the 5-digit synonym numbers** that identify their dates, times, and locations.
5) In the box for **Course Code Number**, **enter the 5-digit synonym number only** for your first class and click **SUBMIT**. *(See diagram below) Do not enter any other information on this page!*

![Diagram showing how to enter course code number](image)

6) Click in the box next to the course information, which displays the time, date, location and seat availability and click **SUBMIT**.
7) Fill in any optional **Additional Registration Information** and click **SUBMIT**.
8) The course for which you have registered and amount due will display on the screen. *You can either check out now or register for additional courses.* Use the drop-down box and **Choose One of the Following** for your next action. When you have finished selecting all of your courses, choose **Register Now (check out)** from the drop down menu and click **SUBMIT**.
9) The **Electronic Card Entry** page will appear. Enter the required fields on the secure site using your MasterCard, VISA, or Discover credit card and click **SUBMIT**. *You are not registered in any of your classes until you submit payment.*
10) A transaction confirmation page will appear after you have paid by credit card. Please print or copy the transaction number for your records.
2) **Mail-in Registration**  
Mail-in registration forms must include a check or money order made out to PGCC for the full amount. **They must be received at least 10 days prior to the class start date to insure processing.** Mail to:

Cashier’s Office  
Prince George’s Community College  
301 Largo Road  
Largo, MD 20774-2199  

Please note: You will NOT receive any confirmation when you register by mail.

3) **In-Person Registration**  
Registration takes place on the Largo Campus on a continuous basis at the Office of Admissions and Records in Bladen Hall, room 126, from 8:30 am-8 pm, Monday-Thursday, and 8:30 am-5 pm on Friday. Register early—at least ten days before classes begin. **You must pay at the time of your registration with a check, money order or VISA, Master Card or Discover credit card.**

**NOTE:** Out-of-state registrants, regardless of age, pay full tuition (see page 17), a $15 registration fee and a $10 surcharge, per class, per trimester.

---

### Spring 2014  
**Indexed List of Courses by Site**

**Allentown Road Aquatic Center**  
7210 Allentown Road  
Camp Springs, MD 20748  
(301) 449-5567  
**Therapeutic Aquatic Exercise**..........................13

**Bowie Community Center**  
3209 Stonybrook Drive  
Bowie, MD 20715  
(301) 464-1737  
**Health & Fitness (Parts I & II)** .......................11

**Bowie Senior Center (No students under age 55)**  
14900 Health Center Drive  
Bowie, MD 20715  
(301) 809-2300  

- **American History**.................................13  
- **Trains International**.................................14  
- **American Sign Language (Beginning)**........14  
- **Autobiographical Writing**.........................14  
- **Creative & Critical Thinking Skills** ...........14  
- **Self Awareness**  
  - **Current Issues**.................................13  
  - **Design/Production of Crafts**....................9  
  - **Drawing I: Traditional Drawing**...............9  
  - **Environmental History: Parks in Canada**.....13  
  - **Finance: Estates, Taxes, Trusts, Wills, etc.**..11  
  - **French: Beginning/Intermediate**...........14  
  - **German: Beginning/Intermediate**.............14  
  - **Healthy Living**.................................11  
  - **History Through Hollywood**....................13  
  - **How to Design & Illustrate Children’s Books**..9  
  - **Italian: Beginning (Everyday Italian)**......15  
  - **Literature: An Exploration**......................14  
    - **Literature from Next Door**...................  
    - **Once Upon a Lifetime**.........................  
    - **Shakespeare on the Silver Screen**...........  
    - **The Short Story**..............................  
  - **Music Appreciation**..............................15  
    - **Opera Rarities**  
    - **Oratorio**  
    - **Music Class Appreciation & Mastery: Piano**..15  
    - **Spanish: Introduction/Intermediate**........15  
    - **Studio Fine Art**..............................10  
    - **Watercolor**..................................10  
    - **Beginning/Intermediate/Advanced**...........  

---

**Disabled Retirees Under 60 Years Old**

Effective July 1, 2012, disabled retirees under 60 years old may qualify for a tuition waiver (for both credit and non-credit classes). To determine your eligibility, you must contact the Office of Admissions & Records, B-126, to receive Prince George’s Community College’s Tuition Waiver Certification Form which is to be taken to the Social Security Office for completion and returned to the College.  

[www.pgcc.edu](http://www.pgcc.edu)
Greenbelt Community Center (No students under age 60)
15 Crescent Road
Greenbelt, MD 20770
(301) 397-2208

- American History: ........................................ 13
- An alternate view of change
- Drawing I: Art Techniques ............................ 9
- French: Beginning .................................... 14
- Healthy Living ......................................... 12
- History Through Hollywood .......................... 13
- Great little films
- Literature: An Exploration ................................ 14
- Astonishing Poetry
- Shakespeare on the Silver Screen
- The Short Story
- Music Appreciation ..................................... 15
- Wagner: Musical genius

Greenbelt Department of Recreation/Springhill Lake (No students under age 60)
6111 Cherrywood Lane
Greenbelt, MD 20770
(301) 397-2200

- Microsoft Office Suite ................................ 11

Harmony Hall Regional Center
10701 Livingston Road
Ft. Washington, MD 20744

- Healthy Living ........................................... 12
- Music Appreciation & Mastery: Class Piano... 15

John E. Howard Senior Activity Center
4400 Shell Street
Capitol Heights, MD 20743
(301) 735-3340

- Healthy Living ........................................... 12
- Music Appreciation & Mastery: Class Piano... 15
- Spanish: Beginning/Introduction .................. 15

Largo Campus, Prince George's Community College
301 Largo Road
Largo, MD 20774-2199
(301) 322-0875

- Career Transition Options for
  Plus 50 Adults .................................. SEE PAGE 8

- Computers: Introduction (Internet included)... 10
- Computer Skills—Intermediate ..................... 11
- Health & Fitness (Parts I & II) ...................... 12
- Microsoft Office Suite 2010 ....................... 11

continued
Music Appreciation ........................................... 15
Music Appreciation & Mastery: Class Piano... 15
Therapeutic Aquatic Exercise ................................... 13

Laurel Armory-Anderson & Murphy
Community Center
422 Montgomery Street
Laurel, MD  20707
301-725-8088

American History ........................................... 13
Healthy Living.................................................. 12

New Carrollton City Hall
6016 Princess Garden Parkway
New Carrollton, MD  20784

Healthy Living.................................................. 12

Prince George’s Plaza Community Center
6600 Adelphi Road
Hyattsville, MD  20782
(301) 454-1400

Healthy Living.................................................. 12

Providence-Ft. Washington
United Methodist Church
10610 Old Fort Road
Ft. Washington, MD  20744
(301) 292-2323

Studio Fine Art.................................................. 10

Reid Temple African Methodist Episcopal Church
11400 Glenn Dale Boulevard
Glenn Dale, MD  20769
(301) 352-0320

Creative & Critical Thinking................................. 14
Healthy Living.................................................. 12
Spanish (Beginning) .......................................... 15

Riderwood Village
3110 Gracefield Road
Silver Spring, MD 20904

Limited to Residents Only

St. Paul’s Senior Living Apartments
1207 Addison Road
Capitol Heights, MD 20743
(301) 350-1100

Computers: Introduction ................................. 10
Computer Skills: Intermediate ......................... 10

Design/Production of Crafts................................. 9
Healthy Living.................................................. 12
Internet: Introduction, Navigation....................... 10

Temple Solel
2901 Mitchellville Road
Bowie, MD  20716
(301) 249-2424

Current Issues.................................................. 13
Healthy Living.................................................. 12

Upper Marlboro Community Center
5400 Marlboro Race Track Road
Upper Marlboro, MD 20772
(301) 627-2828

Healthy Living.................................................. 12

Career Transition Options

Join your plus 50 peers for a hands-on, 2-day course, working with a career coach to help you:

♦  Assess your skills
♦  Write a job-winning resume
♦  Articulate your marketability in an interview
♦  Explore the Career Coach feature of PGCC’s website

Get started by registering for:

Career Transition Options for Plus 50 Workers

#78181  Friday, May 2 and May 9, 2014;
8:30 am-4 pm; Cost: $75*.

* There is no cost for Maryland Residents who are 60 or older.

www.pgcc.edu
Spring 2014
Alphabetical Listing of Courses

ART
Courses relating to the business, production and history of art. (Always register for Parts I and II of two-part classes.)

Design & Production of Crafts for Sale & Profit
(903/910)
Course teaches the art and business of creating quality craft items for sale and personal use.
Offered at the following sites:
Bowie Senior Center
#77098 13, M, 10 am-12 pm, 2/10-5/19, J. Stone. (Intermediate Ceramics)
#77104 13, M, 10 am-12 pm, 2/10-5/19, D. Swanson. (Jewelry Making—Beginning)
#77053 8, M, 12:30-4 pm, 2/10-4/7, C. Boyette. (Beginning Stained Glass, Part I)
#77054 5, M, 12:30-4 pm, 4/21-5/19, C. Boyette. (Beginning Stained Glass, Part II)
#77081 14, Tu, 9:30-11:30 am, 2/11-5/20, A. Kirtland. (Business of Crafts, Part I, Intermed. & Adv.)
#77082 14, Tu, 11:30 am-12:30 pm, 2/11-5/20, A. Kirtland. (Business of Crafts, Part II, Intermed. & Adv.)
#77055 9, Tu, 12:30-4 pm, 2/11-4/8, C. Boyette. (Advanced Stained Glass, Part I)
#77056 5, Tu, 12:30-4 pm, 4/22-5/20, C. Boyette. (Advanced Stained Glass, Part II)
#77099 14, F, 10 am-12 pm, 2/14-5/23, J. Stone. (Beginning Ceramics)
#77083 14, F, 10 am-12 pm, 2/14-5/23, A. Kirtland. (Fiber Art: Quilting—Intermediate)
#77084 14, F, 12:30-2:30 pm, 2/14-5/23, A. Kirtland. (Fiber Art: Quilting—Intermediate)
Camp Springs Senior Activity Center
#77304 14, Th, 10 am-12 pm, 2/13-5/22, D. Swanson. (Jewelry Making—Beginning)
Glenarden Senior Center
#77315 14, W, 12-2 pm, 2/12-5/21, W. Glenn. (Ceramics)
#77316 14, Th, 12-2 pm, 2/13-5/22, W. Glenn. (Ceramics)
St. Paul’s Senior Living Apartments
#77343 14, F, 10 am-12 pm, 2/14-5/23, Glenn. (Ceramics)
#77344 14, F, 12-2 pm, 2/14-5/23, W. Glenn. (Ceramics)

Drawing
(ART 913/914)
Fundamental courses in the practical art of drawing and sketching using various media.
Offered at the following sites:
Bowie Senior Center
#77049 13, M, 2-4 pm, 2/10-5/19, E. Baer. (Traditional Drawing II)
Greenbelt Community Center
#77118 14, Tu, 1-3 pm, 2/11-5/20, S. Crane. (Drawing I—Art Techniques, Part I)
#77119 14, Tu, 3-4 pm, 2/11-5/20, S. Crane. (Drawing I—Art Techniques, Part II)

How to Design & Illustrate Children’s Book
(ART 304)
Examine the process of producing a children’s story as a book with text and illustrations, including drawings, paintings, photography or collage media. Steps leading to publication are covered.
Offered at the following site:
Bowie Senior Center
#77112 7, Tu, 12:30-2:30 pm, 2/11-3/25, A. Yeager. (Part I)
#77113 7, Tu, 12:30-2:30 pm, 4/1-5/20, A. Yeager. (Part II)

How to Read Course List
Location of class | Instructor | Class Emphasis
---|---|---
Bowie Senior Center
#77066 14, F, 1-3pm, 2/14-5/23, C. Chang (Healthy Living) | Class Time, Class dates | Day of the week class will meet, Number of times the class will meet
Synonym Number
**Studio Fine Art**

(ART 916/918)
Courses offer students opportunities to explore fine art through drawing, watercolor, oils, collage, pastel, etc.

**Offered at the following sites:**

- **Bowie Senior Center**
  - **#77105** 14, Tu, 9-10 am, 2/11-5/20, D. Swanson.
  - **#77106** 14, Tu, 10 am-12 pm, 2/11-5/20, D. Swanson.
  - **#77078** 14, W, 12:30-2:30 pm, 2/12-5/21, S. Crane.
    (Mixed Media: Techniques & Processes)
  - **#77047** 7, Th, 10 am-3 pm, 2/6-3/20, C. Allison.
    (Advanced Watercolor)
  - **#77048** 7, Th, 10 am-3 pm, 3/27-5/15, C. Allison.
    (Advanced Colored Pencil)
  - **#77050** 14, F, 12:30-2:30 pm, 2/14-5/23, E. Baer.
    (Modern Painting/collage/other media, Pt I)
  - **#77051** 14, F, 2:30-3:30 pm, 2/14-5/23, E. Baer. (Pt II)

- **Collington Episcopal Life Care Community**
  - **#77153** 14, Tu, 1-3 pm, 2/11-5/20, A. Hurley.
    (Mixed Media, all levels—Part I)
  - **#77154** 14, Tu, 3-4 pm, 2/11-5/20, A. Hurley.
    (Mixed Media, all levels—Part II)

- **Providence-Ft. Washington United Methodist Church**
  - **#77314** 14, W, 10 am-12 pm, 2/12-5/21, Part II, Hurley.

**Watercolor**

(ART 911)
Course is designed to develop individual skills and impart an understanding of watercolor painting theories; demonstration of techniques is included.

**Offered at the following site:**

- **Bowie Senior Center**
  - **#77093** 14, Tu, 1:15-3:15 pm, 2/11-5/20, J. Magram.
    (Beginners)
  - **#77085** 14, W, 10 am–12 pm, 2/12-5/21, D. Swanson.
  - **#77685** 14, W, 12:30-2:30 pm, 2/12-5/21, D. Swanson.
    (Intermediate/Advanced)

**Computers**

Courses relating to the understanding and use of computers. *Purchase of a text may be required for computer classes.* A $25 lab fee is charged for each computer class at College-owned facilities. For all non-College facilities, the amount of lab fee is listed below and payable to the site.

*(DPR 548)*
Class is designed to provide a basic knowledge of computers and show how to perform simple functions.

**Offered at the following sites:**

- **Largo Campus, Cont. Education Building, Room 113**
  - **#77329** 13, M, 12-2 pm, 2/10-5/19, H. Jackson.
    (Intro to the Internet is included)
- **Largo Campus, Lanham Hall, Room 204**
  - **#77328** 14, Th, 9-11 am, 2/13-5/22, A. Gray.
    (Internet will be taught 2nd half of term)

St. Paul’s Senior Living (SPSL) Apartments
- **#77339** 14, W, 9:30-11:30 am, 2/12-5/21, F. Ennels.
  * Lab fee is $25—make check payable to SPSL Apartments’ PGCC SAGE Lab Fund.

*(DPR 507)*
This course will continue to build on the knowledge gained in the introductory computer classes. *(Prerequisite: Satisfactory completion of beginning level computer class.)*

**Offered at the following sites:**

- **Largo Campus, Lanham Hall, Room 204**
  - **#77325** 13, M, 9-11 am, 2/10-5/19, A. Gray.
- **St. Paul's Senior Living (SPSL) Apartments**
  - **#77338** 13, M, 12:30-2:30 pm, 2/10-5/19, F. Ennels.
  - **#77340** 14, W, 12:30-2:30 pm, 2/12-5/21, F. Ennels.
  * Lab fee is $25—make check payable to SPSL Apartments’ PGCC SAGE Lab Fund.

*(DPR 307)*
This course will provide the basic concepts for accessing the Internet, sending e-mail and using online resources. Downloading files, using search features and other Internet applications will be explored. *(Prerequisite: Satisfactory completion of beginning level computer class.)*

**Offered at the following site:**

- **St. Paul’s Senior Living (SPSL) Apartments**
  - **#77342** 14, F, 12:30-2:30 pm, 2/14-5/23, F. Ennels.
  * Lab fee is $25—make check payable to SPSL Apartments’ PGCC SAGE Lab Fund.
**Microsoft Office Suite 2010**

(DPR 748)
This course enables the student to learn the basics of MS Office 2010, including Word, Excel, Access and PowerPoint, by doing hands-on projects.

**Offered at the following sites:**
- Greenbelt Dept. of Recreation/Springhill Lake Center
  - #77136* 14, Th, 9:30-11:30 am, 2/13-5/22, D. Thompson.
  - *Lab fee is $13 and payable to City of Greenbelt.
- Largo Campus, Lanham Hall, Room 204
  - #77326 14, Tu, 9-11 am, 2/11-5/20, A. Gray.
  - (Word/PowerPoint/Excel)
  - #77327 14, W, 9-11 am, 2/12-5/21, A. Gray.
  - (Focus on Access, advanced students only)

**FINANCE**

These courses are designed to give contemporary information and improve understanding of fiscal management, especially as these skills apply to planning for financial security.

**Estates, Trusts, Wills, Taxes & Medicaid Planning**

(COS 909)
Course is designed to give the layperson an overview of wills and estate proceedings with emphasis on the advantages of planning.

**Offered at the following site:**
- Bowie Senior Center
  - #77109 7, W, 2-4 pm, 2/12-3/26, A. Widmann.
  - (Part I)
  - #77111 7, W, 2-4 pm, 4/2-5/21, A. Widmann.
  - (Part II)

**Income Tax**

(COS 952)
This in-depth class on income tax preparation teaches tax savings techniques and includes discussion on retirement income, capital gains, maximizing deductions, reducing taxes and tips on computing estimated taxes.

**Offered at the following site:**
- Collington Episcopal Life Care Community
  - #77209 6, W, 7-9:15 pm, 1/8-2/12, T. Reinhart.

**HEALTH & FITNESS**

These courses are designed to provide information about proven ways to improve overall health and increase fitness levels. Good nutrition, cardio/aerobic improvement, preventative strategies, balance, flexibility, alternative healing methods, and other topics may be covered. Please check with your physician and get approval before enrolling in a class in this section.

**Health & Fitness (Parts I & II)**

(ATH 900/901)
Course presents lecture and supervised exercises designed by the President's Council on Physical Fitness and Sports. Other activities may include aerobics, pickle ball, dance, weight lifting, and/or health related lectures.

**Offered at the following sites:**
- Bowie Community Center
  - #77258 15, T/Th, 9-11 am, 1/7-2/25, J. Lee.
  - #77259 15, T/Th, 9-11 am, 2/27-4/25, J. Lee.
- Largo Campus, Novak Field House, Room 100
  - #77256 15, T/Th, 9-11 am, 1/21-3/11, W. Bickford.

**Healthy Living-Fitness**

(HES 905/910)
Course presents lectures and information on health issues along with supervised, demonstrated exercises designed to increase flexibility and improve muscle tone and strength. Other activities may be included. Many classes have a specific focus. Please contact the Center, the instructor, or the SAGE Program for additional information.

**Offered at the following sites:**
- Bowie Senior Center
  - #77063 13, M, 10 am-12 pm, 2/10-5/19, C. J. Chang.
  - #77094 14, Tu, 1-3 pm, 2/11-5/20, B. Meadows.
  - #77089 14, Tu, 5-7 pm, 2/11-5/20, G. Lerch.
  - #77073 14, W, 10:30 am-12:30 pm, 2/12-5/21, Contee.
  - #77064 14, W, 1-3 pm, 2/12-5/21, C. J. Chang.
  - #77074 14, Th, 10 am-12 pm, 2/13-5/22, A. Contee.
  - #77075 14, Th, 12-2 pm, 2/13-5/22, A. Contee.
  - #77436 14, Th, 3-5 pm, 2/13-5/22, S. McCarroll
  - #77065 14, F, 10 am-12 pm, 2/14-5/23, C. J. Chang.
  - #77439 14, F, 10 am-12 pm, 2/14-5/23, Faculty.
  - #77102 14, F, 10 am-12 pm, 2/14-5/23, B. Stubbs.
  - #77107 13, S, 8:30-10:15 am, 2/15-5/17, L. Weimer.
  - (Advanced)
Camp Springs Senior Activity Center  
#77305 14, Tu, 10 am-12 pm, 2/11-5/20, M. Turner.
#77307 14, Tu, 10 am-12 pm, 2/11-5/20, M. Sauslbsr. 
#77308 14, W, 10 am-12 pm, 2/12-5/21, P. Sarmiento.
#77299 14, W, 12:30-2:30 pm, 2/12/21, A. Myers.
#77306 14, Th, 10 am-12 pm, 2/13-5/22, M. Turner.
#77303 14, Th, 12-2 pm, 2/13-5/22, M. Sauslbsr.

Collington Episcopal Life Care Community  
#77156 13, M, 9-10 am, 2/10-5/19, J. Prince.
#77157 13, M, 10-11 am, 2/10-5/19, J. Prince.
#77147 13, M, 1-3 pm, 2/10-5/19, C. J. Chang.
#77428 14, Tu, 8:30-10:30 am, 2/11-5/20, D. Armstrong.
#77149 14, Tu, 1-2 pm, 2/11-5/20, I. Hogan.
#77150 14, Tu, 2-3 pm, 2/11-5/20, I. Hogan.
#77210 14, Tu, 2-3 pm, 2/11-5/20, L. Richardson.
#77158 14, W, 9-10 am, 2/12-5/21, J. Prince.
#77159 14, W, 10-11 am, 2/12-5/21, J. Prince.
#77148 14, W, 10 am-12 pm, 2/12-5/21, C. J. Chang.
#77160 14, W, 11 am-12 pm, 2/12-5/21, J. Prince.
#77432 14, Th, 8:30-10:30 am, 2/13-5/22, D. Armstrong.
#77151 14, Th, 1-2 pm, 2/13-5/22, I. Hogan.
#77152 14, Th, 2-3 pm, 2/13-5/22, I. Hogan.
#77211 14, Th, 2-3 pm, 2/13-5/22, L. Richardson.
#77206 14, F, 9-10 am, 2/14-5/23, J. Prince.
#77207 14, F, 10-11 am, 2/14-5/23, J. Prince.
#77208 14, F, 11 am-12 pm, 2/14-5/23, J. Prince.

Evelyn I. Cole Senior Activity Center  
#77387 14, F, 10 am-12 pm, 2/14-5/23, B. Meadows.

Glenarden Senior Center  
#77317 13, M, 10 am-12 pm, 2/10-5/19, I. Hunter.
#77318 14, W, 10 am-12 pm, 2/11-5/21, I. Hunter.
#77319 14, Th, 10 am-12 pm, 2/13-5/22, I. Hunter.

Greenbelt Community Center  
#77120 13, M, 10 am-12 pm, 2/10-5/19, Gupta-Smith.
#77128 28, T/Th, 10-11 am, 2/11-5/22, N. Shaffer.
#77125 14, W, 1:30-3:30 pm, 2/12-5/21, B. Meadows.
#77114 14, W, 3:45-4:45 pm, 2/12-5/21, K. Boverman.
#77124 14, F, 11 am-12 pm, 2/14-5/23, A. Liss.

* NOTE: For the syn#, call Karen Haseley at 301-397-2208.

Harmony Hall Regional Center  
#77322 13, M, 10 am-12 pm, 2/10-5/19, P. Sarmiento.
#77320 14, Tu, 9:30-11:30 am, 2/11-5/20, L. Richardson.
#77321 14, Th, 9:30-11:30 am, 2/13-5/22, L. Richardson.

John E. Howard Senior Activity Center  
#77931 13, M, 12:30-2:30 pm, 2/10-5/19, C. Brown.
#77932 28, T/Th, 10:30-11:30 am, 2/11-5/22, P. Smith.

Laurel Armory-Anderson & Murphy Community Ctr  
#77400 13, M, 9-11 am, 2/10-5/19, B. Davis.
#77402 14, Tu, 9-11 am, 2/11-5/20, B. Davis.
#77404 14, W, 9-11am, 2/12-5/21, B. Davis.
#77405 14, Th, 9-11 am, 2/13-5/22, B. Davis.
#77407 14, F, 9-11 am, 2/14-5/23, B. Davis.

New Carrollton City Hall  
#77332 13, M, 1:30-3:30 pm, 2/10-5/19, P. Smith.
#77333 14, W, 1:30-3:30 pm, 2/12-5/21, P. Smith.
#77334 14, Th, 1-2 pm, 2/13-5/22, P. Smith.

Prince George's Plaza Community Center  
#77336 14, W, 11 am-1 pm, 2/12-5/21, F. Pate.

Reid Temple African Methodist Episcopal Church  
#77983 13, M, 11:30 am-12:30 pm, 2/10-5/19, D. Armstrong.
#77984 14, W, 11:30 am-12:30 pm, 2/12-5/21, D. Armstrong.
#77986 14, F, 11:30 am-12:30 pm, 2/14-5/23, D. Armstrong.

St. Paul's Senior Living Apartments  
#77345 13, M, 10 am-12 pm, 2/10-5/19, A. Myers.
#77349 13, M, 4-5 pm, 2/10-5/19, P. Smith.
#77346 14, Tu, 10 am-12 pm, 2/11-5/20, A. Myers.
#77350 14, W, 4-5 pm, 2/12-5/21, P. Smith.
#77347 14, Th, 9:30-10:30 am, 2/13-5/22, A. Myers.
#77348 14, Th, 10:30 am-12:30 pm, 2/13-5/22, Myers.
#77337 14, Th, 2:30-4:30 pm, 2/13-5/22, B. Brown.

Temple Solel  
#77411 13, M, 12:30-2:30 pm, 2/10-5/19, R. Schoch.

Upper Marlboro Community Center  
#77419 13, M, 9:30-10:30 am, 2/10-5/19, L. Richardson.
#77421 13, M, 10:30 am-12:30 pm, 2/10-5/19, L. Richardson.
#77414 14, Tu, 9-10 am, 2/11-5/20, D. Harahush.
#77415 14, Tu, 10-11 am, 2/11-5/20, D. Harahush.
#77422 14, W, 9:30-10:30 am, 2/12-5/21, L. Richardson.
#77423 14, W, 10:30 am-12:30 pm, 2/12-5/21, L. Richardson.
#77416 14, Th, 9-10 am, 2/13-5/22, D. Harahush.
#77417 14, Th, 10-11 am, 2/13-5/22, D. Harahush.

---

**Therapeutic Aquatic Exercise**

(ATH 930)

This course is designed to provide both therapeutic aquatic exercise and swimming instruction. Each session includes water exercise and/or beginning, intermediate, or advanced swimming instruction. Students must supply their own towels.
**Offered at the following sites:**

- **Allentown Road Aquatic Center**
  - #77246 43, MW/F, 8-9 am, 1/22-5/9, J. Redmiles.
  - #77248 43, MW/F, 9-10 am, 1/22-5/9, J. Redmiles.

- **Collington Episcopal Life Care Community**
  - #77212 43, MW/F, 1-2 pm, 1/22-5/9, I. Hogan.

- **Largo Campus, R. I. Bickford Natatorium**
  - #77253 43, MW/F, 9-10 am, 1/22-5/9, B. Berube.
  - #77254 43, MW/F, 10-11 am, 1/22-5/9, B. Berube.
  - #77255 43, MW/F, 11 am-12 pm, 1/22-5/9, Berube.

**HISTORY/SOCIAL STUDIES**

These courses cover all aspects of history: ancient, modern, contemporary, local, national, international, ethnic, regional, and much more. Courses related to geography, anthropology, sociology are all part of this group of classes.

**American History**

(HIS 909)

This course suggests some of the dominant themes of American life during certain periods and will stimulate consideration of how said themes relate to the present.

**Offered at the following sites:**

- **Bowie Senior Center**
  - #77072 14, Tu, 12:30-2:30 pm, 2/11-5/20, V. Cipriani.
  - #77603 14, W, 10 am-12 pm, 2/12-5/21, M. Crane. (Trains International)

- **Greenbelt Community Center**
  - #77117 14, Tu, 11 am-1 pm, 2/11-5/20, M. Crane. (An Alternate View of Change)

- **Laurel Armory-Anderson & Murphy Community Ctr**
  - #77399 14, F, 12:30-2:30 pm, 2/14-5/23, V. Cipriani.

**Current Issues**

(ENR 903)

This course focuses on topics of current interest and importance, such as national and world news stories and events. Discussion is encouraged.

**Offered at the following sites:**

- **Bowie Senior Center**
  - #77071 14, Tu, 10 am-12 pm, 2/11-5/20, V. Cipriani.

- **Camp Springs Senior Activity Center**
  - #77297 13, M, 1-3 pm, 2/10-5/19, V. Cipriani.

- **Temple Solel**
  - #77409 13, M, 10 am-12 pm, 2/10-5/19, V. Cipriani.

**Environmental History**

(HIS 348)

Course surveys topics in environmental history including the relationship between the human and non-human worlds.

**Offered at the Bowie Senior Center**

- #77077 14, W, 12:30-2:30 pm, 2/12-5/21, M. Crane. (Parks in Canada)

**History Through Hollywood**

(HIS 356)

Class presents an opportunity to examine historical themes and events as they have been represented, or misrepresented, in film, with emphasis on the changing interpretation of history reflected in the medium.

**Offered at the following sites:**

- **Bowie Senior Center**
  - #77103 14, Th, 10 am-12 pm, 2/13-5/22, L. Suid. (Great little movies that were ignored or forgotten)

- **Greenbelt Community Center**
  - #77135 14, W, 1:30-3:30 pm, 2/12-5/21, L. Suid. (Great little movies that were ignored or forgotten)

**Local History**

(HIS 908)

Explore local history. If feasible, visit local historical sites and discuss the relevant facts and folklore. Class days and times may vary after first class date. (Additional fee/cost possible.)

**Offered at the Camp Springs Senior Activity Center**

- #77298 14, W, 10 am-12 pm, 2/12-5/21, V. Cipriani.

**Wine Education**

(HIS 912)

This course will discuss the history of wine, the wine regions of the world, the art and science of making wine, understanding wine labels and new trends in wine.

**Offered at the Collington Episcopal Life Care Community**

- #77758 7, W, 1-3 pm, 2/12-3/26, R. Groppe.
HUMANITIES

This group of courses includes discussion of literature from the Bible to Jane Austen to Shakespeare to James Michener; examination of classic writings; reading, writing and interpreting poetry; creative and critical thinking; theater and acting.

Autobiographical Writing
(SKB 419)
This course offers the opportunity to produce autobiographies and memoirs under professional supervision.
Offered at the Bowie Senior Center:
#77095 13, M, 1-3 pm, 2/10-5/19, K. Scrivo.
(Writing Your Memoirs)

Creative & Critical Thinking Skills
(ENR 467)
Stimulate and increase mental abilities through techniques both old and new! Enhance creative and critical reasoning and problem solving skills; use both sides of your brain; communicate effectively; listen well; counteract some of the negative effects of aging.
Offered at the following sites:
Bowie Senior Center
#77091 13, F, 10 am-12 pm, 2/12-5/21, J. Link.
(Self Awareness)

ReidTemple African Methodist Episcopal Church
#77988 14, W, 1-3 pm, 2/12-5/21, K. Curry.

Humanities: An Exploration
(ENR 913)
Students in this course will view the past 100 years of concurrent development in the areas of history, politics, literature, theatre, religion, music and other subjects.
Offered at the Camp Springs Senior Activity Center:
#77300 13, M, 10 am-12 pm, 2/10-5/19, P. Patente.

Literature: An Exploration
(ENR 380/385)
This course will offer students opportunities to read, discuss and analyze works of literature.
Offered at the following sites:
Bowie Senior Center
#77052 13, M, 10 am-12 pm, 2/10-5/19, D. Bates.
(Literature from next door)

LANGUAGES

These courses include a number of foreign languages, e.g., French, Italian, Spanish, German, and American Sign Language.

American Sign Language
(COM 325)
Offered at the following sites:
Bowie Senior Center
#77100 12, W, 10 am-12 pm, 2/12-5/7, G. Stracka.
(Beginning)

French
(LGE 374)
Offered at the following sites:
Bowie Senior Center
#77096 14, W, 10 am-12 pm, 2/12-5/21, A. Soloviev.
(Beginning)
#77097 14, W, 12:30-2:30 pm, 2/12-5/21, A. Soloviev.
(Intermediate)

Greenbelt Community Center
#77133 14, Th, 11 am-1 pm, 2/13-5/22,
C. Sleeth. (Beginning)

German
(LGE 340)
Offered at the Bowie Senior Center:
#77087 13, M, 10 am-12 pm, 2/10-5/19,
F. Leahy-Thielke. (Intermediate)
Music Appreciation

MUS 301/308
Course covers the evolution of music and its variations from historical, geographical, and cultural perspectives via class discussions, singing and/or instrument playing. Some courses will focus on various aspects of opera from composers to history to individual operas.

Offered at the following sites:
Bowie Senior Center
#77061 7, Tu, 10 am-12 pm, 2/11-3/25, J. Cahill.
(Opera Rarities)

#77062 7, Tu, 10 am-12 pm, 4/1-5/20, J. Cahill.
(Oratorio)

#77069 14, Tu, 1-3 pm, 2/11-5/20, Y. K. Choi.
Camp Springs Senior Activity Center
#77312 14, Tu, 11:15 am-1 pm, 2/11-5/20, D. Young.

Greenbelt Community Center
#77178 14, W, 10 am-12 pm, 2/12-5/21, J. Cahill.
(Wagner: Musical Genius)

Music Appreciation: Class Piano

(MUS 307/302)
Course will introduce the student to the basic elements of music and keyboard proficiency, fundamentals of sight reading, scales and chords. Emphasis can range from theory to performance, depending upon the number of keyboards available. Teachers may need to divide classes by skill level.

Offered at the following sites:
Bowie Senior Center
#77068 14, Tu, 11 am-1 pm, 2/11-5/20, Y. K. Choi.
#77070 14, Tu, 3-5 pm, 02/11-5/20, Y. K. Choi.

Camp Springs Senior Activity Center
#77311 14, Tu, 9:30-11:15 am, 2/11-5/20, D. Young.

Harmony Hall Regional Center
#77323 14, Th, 9:30-11:30 am, 2/13-5/22, N. Soliman.

John E. Howard Senior Activity Center
#77394 14, W, 10 am-12 pm, 2/12-5/21, N. Soliman.

Largo Campus, Marlboro Hall, Room 1058/60
#77324 13, M, 12-2 pm, 2/10-5/19, N. Soliman.
#77330 14, F, 11 am-12 pm, 2/14-5/23,
A. Young-Hye Park.

#77331 14, F, 12-1 pm, 2/14-5/23, Young-Hye Park.

These discussions and practical courses cover multiple aspects of music, from developing group performance skills to understanding opera to discussion of classical pieces and composers to analysis of musical compositions to writing music.
Seniors Helping Seniors Grants
Suspended until Fall 2014

The awarding of grants through the Seniors Helping Seniors process will be suspended until Fall 2014. As the SAGE Program has grown, the volume of donations has not kept up with the number of applicants for this restricted award. The increased size of the grant program has made it more difficult to manage. It has become clear that SAGE has not done a good job promoting the grants as they were intended — for students with a short-term, demonstrated need. Instead, many individuals consider it a “discount” of sorts, apply each trimester and request grants without providing any justification.

As program administrators, the SAGE team has fiduciary responsibility to insure that donated funds are managed sustainably. We will be re-evaluating how to assess needs-based eligibility, determining a more equitable way to manage the distribution of the grants and setting limitations on how many grants an individual can receive per year.

While the distribution of the grants will be suspended, we will continue to collect contributions during the Change A Life week each trimester to build up the fund for future distributions.

Thank you for your understanding.

Seniors Helping Seniors Grants

Change A Life

SAGE will officially sponsor our fund raising effort during the week of March 10th.

SAGE students are asked to donate loose change in each class in which they are enrolled in order to change a life for fellow students who cannot afford to register.

During change A Life week, remind teachers to collect, and fellow students to donate, change and/or bills in every class they take. Larger donations—cash or checks made out to PGCC/SHS—are most welcome. All donations go directly to SAGE students in need of help. Each trimester grants are awarded to students with a short-term demonstrated need.

Our heartfelt thanks to everyone who has contributed.

Donations can be mailed to:
Senior Helping Seniors
Prince George’s Community College
Kent Hall 201
301 Largo Road
Largo, MD 20774-2199

www.pgcc.edu
Matters of Money

Registration Fees
Courses listed in this SAGE booklet represent the Spring 2014 trimester course offerings. The SAGE calendar consists of three trimesters: Fall, Spring and Summer. Maryland residents who are 60 or older may register for as many non-conflicting courses as desired and pay one $50 SAGE Registration Fee (SRF) per trimester, plus any additional instructional, supply and/or lab fees. For non-seniors and all non-Maryland residents, including those aged 60 or older, the non-refundable registration fee is $15 per trimester plus any additional instructional, supply and/or lab fees.

Tuition Waiver
Tuition for SAGE courses is waived for Maryland residents who are 60 or older, on the date of registration.

Tuition for Non-Seniors and Others
Prince George’s County residents under 60 years old and all others who do not meet the criteria for a tuition waiver may register for any classes in this booklet by paying the tuition. The cost of SAGE tuition is based on the total number of hours per course (see below), plus the $15 registration fee. For example:

<table>
<thead>
<tr>
<th>Tuition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total hours from 12 to 15</td>
</tr>
<tr>
<td>Total hours from 24 to 45</td>
</tr>
</tbody>
</table>

Out of county Maryland residents will pay an additional $5 per course. Non-Maryland residents (including those who are 60 years old or older) will pay an additional $10 per course.

Payment
Payment is due at the time of registration. Please make your check or money order payable to Prince George’s Community College and attach it to your registration form. Cash is accepted only at the Cashier’s Office in Bladen Hall, Room 120, Monday-Thursday 8:30 am-8 pm and Friday, 8:30 am-5 pm.

Refund Policy
To receive a refund of the $50 registration fee, SAGE students must officially DROP all classes at least two (2) business days prior to the earliest start date. No exceptions! Refunds are automatically issued for classes canceled by the college. Allow 14 business days for processing.

Supplies, Books and Lab Fees
Students are responsible for purchasing their own supplies for all classes, e.g., art materials, craft supplies, tools, textbooks. (Information regarding a required text or other supplies will be made known at the first class.) Lab fees may be assessed for some courses.

Inclement Weather Policy
- ♦ The SAGE Program, except ATH-900/901 (Health and Fitness) and ATH-930 (Therapeutic Aquatic Exercise) classes, follows the Prince George’s County Public School System. Whenever Prince George’s County Schools are canceled due to bad weather, SAGE classes are canceled.

  ⇒ A one-hour delay doesn’t affect classes.
  If public schools are delayed for two hours, classes starting before 11 am will be canceled.

  ⇒ If public schools close two hours early because of predicted bad weather, all classes after 2 pm will be canceled.

- ♦ All SAGE classes (on and off campus including ATH-900/901 and ATH-930 classes) are canceled if Prince George’s Community College is closed due to bad weather.

- ♦ Saturday class students should listen to Public Service Announcements on radio and television to determine if a site is open for classes.
General Information

Companion Classes
To get maximum benefit from classes with multiple sections, students should sign up for Part I followed by Part II.

Course Confirmation
Once you register, you should consider yourself enrolled in a course. You will be contacted by SAGE only if the class is canceled or if the schedule changes. Please verify your class schedule at www.pgcc.edu.

Course Capacities
Many classes have limited capacity dictated by space, safety or equipment. Register early!!!

Course Cancellations
Classes which do not have sufficient enrollment at least one week before the start date will be canceled. Please register early to ensure your classes will not be canceled.

Instructors
Although many instructor names are listed, teachers may be changed without notice.

For Additional Information on the SAGE Program

e-mail us at SAGE@pgcc.edu or
Suzanne van Nuys .... SvanNuys@pgcc.edu
Camille Crawford......CCrawford@pgcc.edu
Arlene Robinson .........robinsai@pgcc.edu
or call
Customer Service Desk.........301-322-0159

Prince George's Community College
Other Key Contact Numbers

Active Seniors’ Club............................301-322-0519
Bookstore.............................................301-322-0912
Cashier's Office.................................301-322-0165
Library .............................................301-322-0105
Living Well
Chronic Disease Self-Management ... 301-265-8997

Prince George's County Department of Aging
Senior Information

Administration on Aging 301-265-8450
Call-a-Bus 301-499-8603
Cab Vouchers 301-883-5656
Nutrition Program 301-265-8475
Maryland Access Point 301-265-8450
Living Well Chronic Disease Self Management 301-265-8997

Trimester Dates for Spring 2014

- Most SAGE Spring 2014 classes begin the week of February 10, 2014 and end the week of May 19, 2014.
- Classes paralleling the credit schedule start January 21st
- “No Class” Dates for Spring 2014
  February 17th
  April 14th—19th
**PRINCE GEORGE'S COMMUNITY COLLEGE CONTINUING EDUCATION REGISTRATION FORM**
(Non-Credit Courses Only)

**PGCC STUDENT ID#**  
(if known)  

**LAST NAME** __________________________  **FIRST NAME** __________________________  **MI** ______  **JR / SR** ______  
(please print)  

**PERMANENT ADDRESS** (street) __________________________________________  **APT #** __________  

**CITY** __________________________  **STATE** ______  **ZIP** __________  

**HOME TELEPHONE** __________________________  **OTHER TELEPHONE** __________________________  

**SEX** (M / F)  

**DATE OF BIRTH** (Month / Day /Year)  

**E-MAIL** __________________________  

**New address since last registration?** ☐

**RESIDENCY** (please check one)  

☐ Prince George’s County  

☐ Other MD County  

☐ Out of State  

**STATUS** (please check one)  

☐ Adults 60 or over, MD Resident**  

☐ Disabled Retiree Residing in MD***  

☐ All Others  

**SPC** (please check if applicable)  

☐ PGCC Full-Time Employee  

☐ Dependent of PGCC Full-Time Employee  

**RACE CODE** (please check one)  

(Required by US Dept. of Education)  

☐ Native American  

☐ Asian  

☐ Black/African American  

☐ Hispanic  

☐ White, non-Hispanic  

☐ Unknown/Other  

---

**SAGE Booklet--online**  

at www.pgcc.edu  

---

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Synonym #</th>
<th>Course Title</th>
<th>Start Date</th>
<th>Begin/End Time</th>
<th>Location</th>
<th>Fee</th>
<th>Registration Fee**</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**New address since last registration?** ☐

I certify under penalties of perjury that the information recorded on this application is correct. I agree to abide by the rules and regulations and policies of Prince George’s Community College as presently in effect and/or hereafter enacted. If in the future I change my residence, I understand that it is my responsibility to notify the Admissions and Records Office at Prince George’s Community College and to provide them with my correct address.  

Signature:  

Date:  

**NOTE:** Mail check or money order, payable to Prince George’s Community College, with registration form to:  

Cashier’s Office  
Prince George’s Community College  
301 Largo Road  
Largo, MD 20774-2199  

---

**PLEASE NOTE:** To complete the registration process, attach your check or money order payable to Prince George’s Community College and submit to the Cashier’s Office at the above address.  

You will not receive a confirmation when registering by mail!  

VISIT US ONLINE at www.pgcc.edu/visitors/communityeducation/sage.aspx