Prince George's Community College Drug-Free Schools & Communities Act

Biennial Review

2022

Table of Contents

Prince George's Community College
Drug and Alcohol Abuse Prevention Certification
Introduction
Biennial Review Process
Notification and Distribution Process6
Compliance with the Drug-Free Schools and Communities Act7
Notification and Distribution7
Recommendation
PGCC Campus and Community Resources8
Alcohol and Other Drug Prevention Programming9
Wellness Center9
Alcohol and other Drug Prevention Programming Recommendations9
Alcohol and Other Drug Education Presentations10
Student Life and Support Services
PGCC Substance Abuse Prevention Education for Staff and Students
Alcohol and Drug Programming
Student Surveys and Focus groups 12
Recommendation
Policy and Enforcement of Disciplinary Sanctions 12
Violation and Sanction Data15
Amnesty and Good Samaritan Policies 15
Prince George's Community College Department of Athletics
NJCAA Statement on Substance Use and Abuse
Recommendation
Treatment and Rehabilitative Services 18
Local, State, and Federal Laws 19
Information on the risks of alcohol and drugs19

Prince George's Community College

Founded in 1958, Prince George's Community College (PGCC) came into existence because there was perceived to be a need for educational opportunities for the residents of the county, particularly those who were still in the K–12 grades of the public schools in the late 1950s.

The college was the first educational institution to integrate in Prince George's County, and today it serves more African-American students than any other post-secondary institution in the state of Maryland. In 1967, the college moved to its permanent location in Largo, Maryland, where it has grown to an enrollment of nearly 30,000 students.

Prince George's Community College offers a wide range of programs and course leading to associate degrees, licensures, and certificates. Today, the college has five service centers, Joint Base Andrews, Laurel College Center, Skilled Trade Center and University Town Center, and Westphalia Training Center.

Prince George's Community College is guided by a Board of Trustees and the College president. Together they set policy and guidelines for PGCC and work with the community to make sure the College is meeting the needs of residents and businesses.

In addition to the board and president, a deliberative and broadly representative body, the College-Wide Forum of Prince George's Community College, recommends general policies and procedures, paying particular attention to matters that affect the common interests of employees and students. The forum is empowered to refer issues and/or request a response to issues, concerns, proposals, or topics from other College organizations and/or bodies within the College. The Academic Council is also a part of the College's governance structure.

Prince George's Community College Drug-Free Schools and Campus Regulations

Drug and Alcohol Abuse Prevention Certification

Prince George's Community College certifies it has adopted and implemented an Alcohol and Other Drug Abuse Prevention program for its students, faculty, staff and guests that at minimum includes:

- The annual distribution of information about illegal uses and/or possession of alcohol and drugs to all members of the campus community including employees and full-time students.
- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of any illicit drugs and alcohol by students, faculty, staff and visitors on its property or as part of any of its activities.
- Description of the applicable legal sanctions under local, state, and federal law for the unlawful possession, use, or distribution of any illicit drugs and alcohol.
- Description of the health risks correlated with the use and/or abuse of any illicit drugs or alcohol.
- A clear statement that the College will impose disciplinary sanctions on students, faculty, and staff, which are consistent with local, state, and federal laws. This includes, a description of those sanctions, up to and including expulsion or termination.

The use of a biennial review by the College of its alcohol and other drug abuse prevention program is to:

- Determine its effectiveness and implement necessary changes to the alcohol and other drug abuse prevention program, policy, and procedures when needed
- Ensure disciplinary sanctions are being enforced consistently
- Comply with federal and state laws.
- Fulfill the mission of the institution by providing a safe and healthy environment that is conducive to socialize and learning.

Introduction

The Drug-Free Schools and Campus Regulations at CFR 34, Subtitle A, Part 86 of the Drug-Free Schools and Communities Act (DFSCA) require that institutions of higher adopt, implement, and evaluate programs to prevent the abuse of alcohol and use or distribution of illicit drugs by college students, faculty, and staff both on its premises and as a part of any of its activities. At a minimum, each institution of higher education must annually distribute the following to all students, faculty, and staff:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of any illicit alcohol and other drugs (AOD) by students, faculty, and staff on its property or as part of any of its activities;
- A description of the applicable legal sanctions under local, state, and federal law for the unlawful possession, use, or distribution of any illicit drugs and alcohol; as well as a description of the health risks correlated with the use and/or abuse of any illicit drugs or alcohol; and
- A clear statement that the college will impose disciplinary sanctions on students, faculty, and staff, which are consistent with local, state, and federal laws, as well as, a description of those sanctions, up to and including expulsion or termination, for violation of the standards of conduct.

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- Determine its effectiveness;
- Implement necessary changes to the alcohol and other drug abuse prevention program, policy, and procedure when needed; and
- Ensure that disciplinary sanctions are being enforced consistently

The biennial review must also include a determination as to:

- The number of drug- and alcohol-related violations and fatalities that are reported to campus officials and occur at any PGCC location or as part of any College; and
- The number and type of sanctions the College imposed on students, faculty, and staff as a result of such violations or fatalities.

PGCC acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act. The intention of this document is to comply with the legal requirements as set forth by the DFSCA and to discuss prevention and education associated programs, initiatives, and activities related to the PGCC Alcohol and Other Drug Abuse Prevention Program and Activities for the 2020-2021 & 2021-2022 academic years.

Biennial Review Process

The Biennial Review Team served as the led for the 2022 biennial review. The purpose of this review was to assess the college's policies, processes, and programs related to alcohol and other drug abuse prevention. The College's Biennial Review Team meets periodically to assess its alcohol and drug prevention activities.

This biennial review was created in collaboration with the following offices:

- Athletics
- Compliance Office
- The Clery Committee
- Diversity, Equity and Inclusion
- The Wellness Center: Counseling, Health Services, and Violence Prevention Center
- Equity Culture and Talent (ECT)
- Office of Student Rights and Responsibilities
- Teaching Learning and Student Success
- Vice President for Student Affairs
- College Police
- Student Government Association
- Student Life and Support Services

The following documents, programs and data were considered when creating the biennial review

- PGCC College Policies:
 - PGCC Drug and Alcohol Abuse Policy and Procedure
 - Drug and Alcohol Abuse Policy
 - Heroin-Opioid Addiction and Prevention Awareness Procedure
 - Drug Free Workplace Policy and Procedure
- Student Code of Conduct
- Student Conduct Data
- Employee Conduct Data
- Clery Act Information and the Clery Committee
- Annual Security Report
- Wellness and Counseling Data
- NJCAA
- Maryland Heroin and Opioid Education and Community Action Act of 2017
- Local, state and federal Laws

Notification and Distribution Process

Compliance with the Drug-Free Schools and Communities Act

PGCC remains committed to work towards fulfillment of all requirements of the Drug- Free Schools and Communities Act and to maintain compliance. Timely and consistent distribution of college policy and procedures to all students, faculty, and staff are one aspect of this obligation.

PGCC Alcohol and Other Drug Abuse Prevention Program is a wide-ranging program that incorporates evidenced-based practices, designed to implement and evaluate campus and community-based strategies to reduce and prevent high-risk drinking behaviors and substance use and abuse among its students, faculty, and staff.

The Prince George's Community College Alcohol and Other Drug Abuse Prevention Program is governed by numerous alcohol and drug policies.

- Alcohol/drug webpage: <u>PGCC's Drug and Alcohol Awareness Policy</u>.
- Employee alcohol/drug policy: <u>Drug-Free Workplace Procedure-081026CP</u>.
- Student alcohol/drug policy: <u>PGCC Student Handbook</u>.
- <u>Start Talking Maryland Act</u>: Heroin and Opioid Education and Community Action of 2017.

Notification and Distribution

To ensure that all students and employees at the College receive a copy of the Drug and Alcohol Abuse Prevention Program (DAAPP), the College has adopted a policy requiring that the vice president for Student Affairs and Office of Student Rights and Responsibilities distribute the DAAPP to all students and Equity, Culture and Talent (ETC) email to all employees at the start of the fall semester or at least once each calendar year.

Furthermore, the Student Code of Conduct, which includes the Standards of Conduct for alcohol and drug violations and the Amnesty Policy, is included in the <u>Annual Security Report</u>. This report is sent annually to students, faculty, and staff and posted on the College website.

Currently, ETC distributes the <u>Employee Guide</u> to all faculty and staff at the time of their hiring, and posts it on the colleges website. They also provide health and wellness activities throughout the year.

New employees are required to sign a copy of this policy certifying that they agree to abide by the terms of the Employee Guide. Additionally, the College uses an E-learning platform called Cornerstone to educate all employee's about AOD and other policies. The signed certification letter must be returned to ETC prior to the start of each employees first day of employment.

The College offers additional support for employees through an Employee Assistance Program (EAP) and medical insurance.

Additionally, a notice to all employees regarding the standards of employee conduct, applicable legal sanctions, health risks of alcohol and drug use, and alcohol and drug resources is posted on the College <u>website</u> and also available through ETC.

Notification and Distribution Recommendations:

The College is currently updating DAAPA and will be distribute it to all students, faculty and staff at the start of each academic term to ensure compliance. The Biennial Review Team will work with the Office of Records and Registration to ensure that all students enrolled for credit receive this information at the start of each term or academic offering. Additionally, the team will work with Data Science, Innovation and Effectiveness to send a copy of DAAPP to all new email accounts, thus ensuring that all new students are made aware of the drug and alcohol abuse policy.

The College should require faculty and staff to participate in an online annual training program that includes courses specific to drug-free workplaces and student drug and alcohol abuse.

It is recommended that participation and completion of these trainings be tracked. The Student Drug and Alcohol Policy should be reviewed and revised on an annual basis. Additionally, the College should include a link to its Alcohol and Drug Awareness Policy in each syllabus.

Counseling Center	301-546-0149
Equity, Culture and Talent	301-546-0613
Athletics	301-546-0518
Wellness Center	301-546-0845
College Police	301-546-0666
Prince George's County Addiction Recovery	301-298-2628
Prince George's County Alcohol and Drug	301-324-2990
Prevention Program	
Maryland Drug and Alcohol Abuse	800-304-2219
Prevention & Education Programs	

PGCC Campus and Community Resources

This website addresses Prince George's Community College Alcohol and Other Drug Policies: PGCC Institutional Information & Policies

Alcohol and Other Drug Prevention Programming

Wellness Center

The Wellness Center at Prince George's Community College is dedicated to offering a proactive, holistic approach to alcohol and other drug education and prevention. Awareness that the use and abuse of alcohol and other drugs is a severe impediment to the overall success of students and employees has led to the implementation of an ever-growing program that strives to communicate the dangers and consequences of such use.

The Wellness Center offers a variety of holistic services to enhance the mental health and physical well-being of students and employee that include mental health counseling, wellness programs, the Violence Prevention Center and PGCC Cares. Additional counseling resources are available through a mobile-friendly service called <u>TAO</u> (Therapist Assisted Online). Faculty and Staff have access to TAO services with their PGCC log-in.

The Center offers and facilitates a Mental Health Screening program and Mental Health Check-Up Days which include indicators for alcohol and drug addiction. Additionally, it promotes alcohol awareness activities throughout the month of April with other on- and off-campus organizations.

Furthermore, the Center also maintains contact information for area treatment facilities.

Alcohol and Other Drug Prevention Programming Recommendations:

- Join the Maryland Collaborative to reduce college drinking and related problems.
- Strengthen the PGCC drug and alcohol awareness website.
- Participate in the Maryland College Alcohol Survey.
- Develop a comprehensive drug prevention program which focuses on the use and abuse of marijuana and prescription drugs.
- Create information for parents and families.
- Develop a peer education group that promotes proven harms reduction strategies year around.
- Be the leader for the College's alcohol and drug program by forming a drug and alcohol coalition with student, staff, faculty and community leaders.
- Align components of the Drug and Alcohol Abuse Prevention Program to job functions to provide greater accountability for implementation.
- Review and align College policies with new local, state and federal laws on a yearly basis.
- Prepare for anticipated new Maryland legislation to legalize marijuana and develop a campaign to inform students on College policy.

Alcohol and Other Drug Educational Presentations

The Wellness Center, in collaboration with other College departments and outside organizations, provides on-campus alcohol and other drug educational programming designed to inform the entire College community about the most current information available. These include, but are not limited to, a presentation to student-athletes on the dangers of alcohol, College and NJCAA policy; distributing promotional materials made available, as well as, education pamphlets and resources made available at all locations, and partnering with other College offices to offer alcohol and drug free events.

Student Life and Support Services

The Student Engagement and Leadership (SEAL) facilitates programming for students to provide a co-curricular experience focused on retention and alcohol alternative programming. The Offices of Student Engagement and Leadership and Student Rights and Responsibilities, along with all student run organizations, holds drug and alcohol-free programs during the academic year. Cultural events and activities are held throughout the academic year in an effort to provide students with information and a comprehensive set of alternative activities to recreational alcohol consumption.

The Wellness Center and Student Engagement and Leadership has and will continue to poll students on their programming interests as well as track attendance to verify programming effectiveness. Because of the pandemic and most students participating virtually, it was difficult to measure the impact of our programming, as alternatives to alcohol consumption. Rather, the team focuses on communicating awareness programming and on providing opportunities for living a healthy and well-rounded lifestyle. The Student Government Association (SGA) and Campus Activities Board (CAB), entirely composed of students, will continue to work with various departments to facilitate programming students will find engaging.

The following is a list of activities and events for the student body, at little or no cost to them, which provide alcohol and other drug free alternatives:

- Art and creative writing events
- o Guest speakers and panel discussions about AOD issues
- Indoor and Outdoor movies
- Interest-based groups for Women of Wisdom (WOW) and Diverse Male Student Initiatives (DMSI)
- o Leadership development retreats
- Numerous student-centered clubs and events
- o Online Stress reduction programs that uses mindfulness and stretching
- PGCC Athletic events
- o Stress relief events during mid-terms and finals
- o Theater productions

Date	Title	Sponsors
August 24, 2021	Mocktail Hour	SEAL & DPS
September 15, 2021	Athletic Orientation	Athletics & Conduct
January 26, 2022	Do & Donuts of Campus	SEAL & DPS
	Safety	
February 1, 2022	Valentine's Day of Service	SEAL & DPS
March 31, 2022	Student Code of Conduct &	Conduct & Title IX
	Title IX Training for DPS	
April 7, 2022	The Walk The Line Workshop	Wellness Center, SEAL,
		Conduct & DPS
April 14, 2022	Sexual Assault Workshop	Wellness Center, SEAL, Title
	Panel Discussion	IX Compliance & DPS
April 21, 2022	The C.L.O.T.H.E.S.L.I.N.E.	Wellness Center, SEAL & DPS
	Project	

PGCC Substance Abuse Prevention Education for Students and Staff

FY 20-22 Wellness Center & Counseling Services

Alcohol and Drug Programming

FY20

- Co-facilitated a "Surviving R. Kelly" domestic violence workshop. (included AOD use)
- Participated in a grief and loss panel discussion with the DMSI program. (included AOD use).
- Wellness Wednesday discussion sessions: substance use and mental Illness, smoking

cessations, alcoholism

- National Alcohol and Drug Addiction and Recovery Month virtual program.
- Mental Health Day observance virtual program (Included AOD use and abuse).
- World AIDS Day virtual program (Included AOD use and abuse)

FY21

- Healthy Relationships virtual program (Included AOD use and abuse).
- Domestic Violence virtual program (Included AOD use and abuse).
- Sexual Assault virtual program (Included AOD use and abuse).

- Mental Health Action Day sponsored by MTV (Included AOD use and abuse).
- A total of thirty-seven substance abuse and recovery psycho-education posters and PSA's shared on the Wellness Center Instagram page.

Student Surveys and Focus Groups

The College administered the Community College Survey of Student Engagement (CCSSE) in 2021 and 2022. The Office of Student Affairs reviewed the survey report for information related to student perceptions of drug and alcohol abuse. While there was limited information specific to drug and alcohol use and abuse, it was a valuable endeavor the team. No focus groups were conducted during this Biennial Review period.

Recommendation:

The Office of Student Affairs will continue to lead in creating a positive student experience at PGCC.

Programming recommendations are as follows:

- Conduct a focus group to assess perceptions and opinions of students about underage drinking, binge drinking, illegal drugs, knowledge of the College's drug and alcohol policies, and other factors that may influence student behaviors.
- Work closely with the Wellness Center to provide peer education on AOD issues.
- Provide more daytime and evening activities to reduce stress and provide a safe and drug free environment for students.
- Continue to enhance the Prince George's Community College Alcohol and Other Drug Abuse Prevention Program, we are aware that evaluation is a key component.
- The Biennial Review team will work with Research, Assessment and Effectiveness on creating a campus survey to identify student trends and beliefs related to alcohol and drug use amongst the student body.
- Develop a College AOD programming reporting system to provide support and guidance to departments conducting AOP prevention efforts.
- Implement a shared calendar of college AOD events.
- Meet with the Vice President for Student Affairs to discuss findings of the Biennial Review and encourage senior dialog.

Policy and Enforcement of Disciplinary Sanctions

The Coordinator of the Office of Student Rights and Responsibilities, who reports to the Assistant Vice President for Student Affairs oversees the Prince George's Community College Student Code of Conduct. The coordinator is charged with monitoring policy, procedure, and timely administration of the conduct process. This includes adjudicating all reported incidents and establishing educational outcomes, including sanctions and stipulations, for violators of policy. All AOD reported allegations are sent to the College's Clery officer.

The current Student Code of Conduct was approved by the Board of Trustees and adopted prior to this reports cycle, however, yearly supplements have been made.

The <u>Student Code of Conduct</u> is on the College's website. The College Student Handbook also has a copy of the student code.

When a student is alleged to have violated the College's Student Code of Conduct, they are sent a notification for a Student Conduct Charge via the College's conduct database, Maxient. The notification includes the following:

- a notice to appear, including a date, time and location of the meeting;
- a copy of the charges;
- a link to the Student Handbook with the Student Code of Conduct, which includes information on how the conduct process works; and
- the letter highlighting what policy violation is in question.

The following are the alcohol and other drug policies as listed in the Student Code of Conduct under Section 5 Student Code of Conduct Violations:

Alcohol

- 1. Drinking or possessing any alcoholic beverage on College property, except as expressly permitted by the president.
- 2. Public Intoxication.
- 3. Drugs: Use, possession, or distribution on College properties or at College-sponsored or supervised functions of the controlled dangerous substances as defined by Maryland law, except as expressly permitted by law.

Sanctions for alcohol and other drug violations vary depending on the nature of the specific violation and the student's previous violations. Referrals to and meeting with a personal counselor and TAO are possible. Because PGCC is dedicated to providing a safe campus, the sanctions that are imposed for underage possession or consumption are taken very seriously.

For students who are not of legal drinking age, both an online education program and a minimum of one session with TAO are assigned. For students 21 years of age or older, a requirement of consultation with the Counseling Center is at the discretion of the hearing officer.

Sanctions under the Student Code of Conduct

- i. Warning: Notice to the student that continuation or repetition of specified conduct may be cause for other disciplinary action;
- ii. Censure: Written reprimand for violation of specified regulation.

- iii. Educational Assignment: A developmental task or writing assignment designed to make a positive contribution to student's overall success at the College.
- iv. Community Service: The completion of a specified number of service hours to the campus and/or surrounding community.
- Personal Counseling Assessment: A referral to Counseling Services, Disability Support Services, and other College student services may be required for some cases.
- vi. Restitution: In addition to any of the foregoing, reimbursement may be required for damage to or misappropriation of property. This may take the form of appropriate service or other compensation.
- No Contact Order: A clear directive to cease and desist from any contact with a specified member of the College community. This includes, but is not limited to, all faculty, staff, and students.
- ii. Campus Restrictions: A student's privilege to enter in, or be near, specified campus buildings, areas, and/or extension centers may be revoked.
- iii. Probation: Exclusion from participation in privileges or extracurricular College activities as set forth in the notice of probation for a specified period of time. If a student while on probation violates any of the terms set forth in the notice of probation or violates the Student Code of Conduct, as determined after the opportunity for a hearing, they shall be subject to further discipline in the form of suspension, dismissal, or expulsion;
- iv. Interim Suspension: Exclusion from classes and other privileges or activities as set forth in the notice of interim suspension, pending final determination of an alleged violation;
- Deferred Suspension: Completion of specified educational sanctions upon a specified date. If aforementioned sanctions have not been completed, the suspension would take immediate effect.
- vi. Suspension: Exclusion from classes, other privileges or activities or from the College as set forth in the notice of suspension, for a finite period of time, with reinstatement thereafter dependent upon a showing of observance during the period of suspension of the terms set forth in the notice of suspension. If a student, while on suspension, violates any of the terms set forth in the notice of suspension or violates the Student Code of Conduct while on College property or in relation to a College-sponsored activity, as determined after the opportunity for a hearing, they shall be subject to further discipline in the form of dismissal or expulsion;
- vii. Dismissal: Termination of student status for an indefinite period. The student may be readmitted to the College only with the specific approval of the president. If a dismissed student violates the Student Code of Conduct while on College property or in relation to a College-sponsored activity, they shall be subject to further discipline in the form of expulsion.
- viii. Expulsion: Permanent termination of student status without possibility of readmission to any campus of the College;

ix. Other: Other types of discipline as set forth in campus regulations.

Employees who think that they may have an alcohol or drug use problem are urged to seek confidential assistance from the College's Employee Assistance Program (also called EAP) or their health insurance provider.

Faculty and staff who violate PGCC's Drug and Alcohol Policy may be subject to sanctions as outlined in the <u>Employee Guide</u>.

Violation and Sanction Data

There are no alcohol or drug violations during the 2020-2021 and 2021-2022 – academic years.

We recognize that it is unusual to have no reports of disciplinary action for drug and alcohol violations. However, during the 2020 and a portion of 2021 the College operated overwhelmingly remotely due to COVID-19 pandemic.

Amnesty and Good Samaritan Policies

PGCC Amnesty

The College encourages reporting of incidents of concern, especially those involving the need for medical attention and those posing threat to the safety of any member of the College community. The College recognizes that an individual who has been drinking or using drugs at the time of an incident may be hesitant to make a report because of potential student conduct violation charges and consequences for the behavior. The amnesty policy statement applies to the College's student conduct process and seeks to remove any barriers to reporting by making the procedures for reporting transparent and straightforward. The amnesty policy statement does not negate criminal or civil charges.

- a) Conditions for Amnesty.
 - A student who reports sexual assault to the College or a law enforcement officer or who participates in an investigation of sexual assault as a complainant or witness is not under disciplinary sanctions if:
 - (1) The College determines the violation occurred during or near the time of the alleged sexual assault,
 - (2) The student is determined to have made the report of sexual assault or is participating in an investigation as a witness in good faith, and
 - (3) The College determines that the violation was not an act that was reasonably likely to place the health or safety of another individual at risk.
 - ii) A student who receives medical attention as a result of dangerous behaviors, such as but not limited to alcohol and/or drug use, will be granted amnesty from the College's student conduct process, but will be required to meet with the program coordinator for student rights and responsibilities. The student will be given an opportunity to comply with education related recommendations.
 - iii) A student who seeks medical attention for their fellow student(s) as a result of dangerous behaviors, such as but not limited to alcohol and/or drug use, will be

granted amnesty from the College's student conduct process. This student may be required to meet with the program coordinator for the Office of Student Rights and Responsibilities and may be subject to educational interventions to ensure future safety.

Prince George's Community College Department of Athletics

Prince George's Community College, believes that athletics are an integral part of the educational experience. The Athletics Department offers programs that provide students with the opportunity to participate in intercollegiate athletics in a wide variety of sports including Men's and Women's basketball, baseball, softball, track and field, and men's soccer. Cheerleading and intramurals are also available.

The Prince George's Community College Owls regularly place student-athletes on National Junior College Athletic Association (NJCAA) All-Conference, All-Region and All-American athletic and academic teams. PGCC believes that athletics are an important way in which students can maintain good health, learn, and grow.

Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of legal drugs and supplements, use of performance-enhancing substances, misuse of alcohol and inappropriate use of tobacco are completely inconsistent with the standards expected of student-athletes at Prince George's Community College and the NJCAA. Student- athlete's health, safety, and welfare is the College's first priority.

Every member of the athletic community is responsible for knowing the risks associated with substance abuse. Medically and socially, the risks can seriously interfere with an individual's performance both as a student and as an athlete, and can endanger the well-being of their teammates. Therefore, student-athletes, coaches, and staff are obligated to know the relevant college NJCAA policies as well as, federal, state, and local laws and to conduct themselves in accordance with these policies and laws.

The athletic director covers substance use and abuse, awareness, and policies with all studentathletes during the Student-Athlete Orientation Program at the start of the academic year. Every year, the Director provides each new and returning student-athlete a PGCC Student-Athlete Code of Conduct. In addition, each student-athlete is made aware of the PGCC Student Handbook, which is available only online. During the Student-Athlete Orientation, the Office of Student Rights and Responsibilities present student conduct expectations, consequences of violations and supports services.

NJCAA Statement on Substance Use and Abuse

The National Junior College Athletic Association is the governing body of intercollegiate athletics for two-year colleges. As such, its programs are designed to meet the unique needs of a diverse group of student athletes who come from both traditional and non-traditional backgrounds and whose purpose in selecting a two-year college may be as varied as their experiences before attending college. Given this perspective, the NJCAA accepts its responsibility by seeking to provide a competitive environment that is free from drug and substance use and abuse in any form for the purpose of facilitating or enhancing athlete performance by any athlete engaged in competition that is sponsored by the NJCAA.

It is the position of the NJCAA to serve as a resource and referral agency for any athlete, coach or administrator who wishes to secure information relative to the effects, consequences, and potential avenues of treatment for substance abuse; to coordinate the efforts of coaches and athletic administrators, who serve as educational liaisons for those student-athletes wishing to further their athletic careers at four-year institutions, are subject to drug testing procedures. Lastly, to continue to endorse and encourage efforts on the part of member institutions to educate their athletes regarding the implications of drug usage, in their lives beyond athletics.

It is a fundamental belief of the NJCAA that athletic participation is a privilege and that those athletes who use illegal performance-enhancing and/or recreational drugs substantively violate that privilege. In response to any violations of this nature that occur and are detected in NJCAA sponsored events, continuation of rights and privileges of participation by the individual or the institution will be reviewed and revoked, as appropriate.

The NJCAA requires of its member institutions the following:

1) Development and implementation of an alcohol, tobacco, drugs and other controlled substances awareness education program for all members of an intercollegiate athletic department's staff and student-athletes.

2) Development and distribution of an institutional policy statement relative to the use and abuse of alcohol, tobacco, drugs and other controlled substances. This policy statement should address participation and the expectations of the member institution for each intercollegiate athletic department's staff and student-athletes standard of behavior.

3) Development and implementation of a plan for referral, treatment and rehabilitation for all members of intercollegiate athletic department staff and student-athletes with drug and/or alcohol related problems.

4) By using various resources of individual institutions in response to institutional needs and demands as well as, investigate the feasibility of a complete and comprehensive drug use and abuse screening program.

Recommendations:

- The Athletics Department will explore increasing the number drug and alcohol awareness education sessions in the coming years. Recommendations for improvement include requiring athletes to attend a drug and alcohol education sessions once each semester with the Wellness Center or community organization.
- The Athletics Department will continue to work closely with the Prince George's Community College offices of Student Rights and Responsibilities and Wellness Center to better educate

and service the student-athlete population concerning use and abuse of alcohol, tobacco, drugs and other controlled substances.

- The Athletics Department will allocate money for AOD efforts and reflect it in their annual budgets and the Equity in Athletics Disclosure Act (EADA) annual report.
- The Athletics Department will review and update its policy statement for use and abuse of alcohol, tobacco, drugs and other controlled substances, and include it in its Student-Athletic Code of Conduct. Include health risks associated with, steroid, tobacco, Illicit Drugs and Alcohol Abuse links in their handbook, and share the handbook with each student yearly.
- The Athletics Department will mandate that each student-athlete complete a training about alcohol literacy and build a social support safety net via the College funded TAO services.
- Additional subjects that may be explored in the future include.

Drug Information	Sports Nutrition
Athlete Recipes	Marijuana
Dietary Supplement Safety	Prescription Drugs
Mental Health	Body Image & Disordered Eating
Pain management	Tobacco and Vaping
Distress/near self-harm	Suicide
Time management	Food insecurity

Treatment and Rehabilitative Services

Students or employees who are having difficulty with alcohol or drug use are urged to seek a confidential assessment or resources provided by the College. Faculty and staff may use the PGCC Employee Assistance Program. Students are offered services from the Wellness Center. Based upon the assessment, Talent Relations or a Wellness Center counselor can provide referrals and linkage to Employee Assistance Program as well as, treatment services at community-based agencies within certain health insurance networks. Anyone who is aware of others (either students, faculty, or staff) with possible drug or alcohol abuse problems should also seek guidance from Talent Relations or the Wellness Center to facilitate a referrals and links to the Employee Assistance Program, Wellness Center, or an off-campus provider.

The College has a drug and alcohol abuse and prevention program and will conduct a biennial review of this program to evaluate its effectiveness. For more information about the program, see below.

- Student alcohol/drug policy: PGCC Student Handbook Webpage (new link coming soon).
- Employee alcohol/drug policy: Drug-Free Workplace Procedure-081026CP (accessible

electronically by employees, only). See also PGCC Employee Guide at 10.

• Employee Assistance Program, phone 800-765-0770, website: <u>www.EAPHelplink.com</u>, Company Code: EAPWEB.

• <u>Alcohol/drug webpage</u>: PGCC's Drug and Alcohol Awareness Policy Webpage

Local, State and Federal Laws

Federal trafficking penalties

Maryland Underage Drinking laws

Maryland Impaired Driving Laws

Information on the risks of alcohol and drugs

Risks of Drug Use

Risks of Marijuana Use

Risks of Alcohol Use

Additional Facts about Alcohol and your health