Seasoned Adults Growing Educationally

SAGE

Classes for Seniors 60 and Older

SPRING 2020

REGISTRATION begins Jan. 10, 2020
Classes begin Feb. 10
Welcome to the NEW Center for Performing Arts!

Prince George's Community College Center for Performing Arts is a premier, state-of-the-art facility that nurtures and develops our students' passions for dance, music, theater, and communications. The center also provides public access to some of the most renowned, star-studded national productions in music, dance, and theater.

For more information and discounted senior and student tickets, visit pgcc.edu/arts or call 301-546-7CPA (7272).

Follow us on Instagram and Twitter at @pgccarts.

Upcoming Shows for Spring 2020

The Fannie Lou Hammer Story ........................................ Jan. 25
Dance Theatre of Harlem Company ......................... Jan. 30–Feb. 1
Byron Cage featuring Richard Smallwood and the Morgan State University Choir .......... Feb. 2
Prince George's Philharmonic ................................ Feb. 15
Swan Lake performed by Ballet Theatre of Maryland .... Feb. 29
Teelin Irish Dance Company .................................. Mar. 14
Byron Cage featuring Anthony Brown ..................... Apr. 5
Bryon Cage featuring Le'Andria Johnson ................. May 3
Soul Crooners ......................................................... May 8–9
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### Important College Registration Policy

The policy of Prince George’s Community College is to prohibit enrollment in multiple classes meeting at the same time, on the same day and dates.

Students **must** choose the classes they want to attend and make sure there are no conflicts of time/day/date on the schedules. This may mean registering for a different section of a desired class.

Teachers are instructed not to allow students to attend classes for which they are not officially registered. Please be careful to register for all classes—but be mindful of others.

*The SAGE Program is a great value, but please only register for classes that you plan to attend.*

If you registered for but are not attending a class, you may be preventing a fellow student from participating. Thanks for your understanding.

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**Mark Your Calendar!** Registration for *Therapeutic Aquatics* and *Health and Fitness* classes opened on Nov. 18. Most of these classes begin on Jan. 21/22, 2020.

*These classes always begin 2–4 weeks earlier than the rest of the SAGE courses, so registration opens early, too. Email the SAGE office at SAGE@pgcc.edu if you need a class-specific registration form for one of these courses...or register online!*
How to register for SAGE classes online using Owl Link

It's the fastest, safest, and best way to get the classes you want!

You must register no later than one day before class begins. If class has begun, it is too late to register on Owl Link.

1. Go to the college’s home page at www.pgcc.edu and click on Owl Link

2. On Owl Link’s main menu, click on Workforce Development & Cont. Ed. Students

3. Click on Enroll and Register for Courses

4. If you are a NEW STUDENT, never having attended a PGCC program or class, click on Create a student account

On the Personal Identification screen, fill in all required fields (indicated by an * asterisk).

Then click the box on the left to certify the information is correct. Click SUBMIT.

For security, you will receive two separate emails: one with your Owl Link Username and one with your temporary password. Return to the main menu and click Log In. Log in using the Username and exact password sent to you in your two emails. You will immediately see the message “Your password has expired!” Don’t panic! It’s time to reset your password.

• Your password must have at least eight characters, including one uppercase letter, one lowercase letter, and one number.
• You cannot use your username as your password

5. As a RETURNING STUDENT, having previously enrolled in any course at PGCC,

   If you can’t remember your Username or password—
go to the Owl Link login screen and click the appropriate link.

   If you need a Username and password—
contact the Technology Service Desk at 301-546-0637 or email servicedesk@pgcc.edu.
   • You must have your 7-digit PGCC student ID# when you call them.
   • If you do not know your student ID#, call the WDCE Customer Service Desk at 301-546-0159.
6. To register for classes, from the Owl Link Main Menu, click on Log In and complete your login information. Next click on Workforce Development & Cont. Ed. Students.

Per step 3, click on Enroll and Register for Courses, then on the next screen, click on Register for Courses.

Refer to the SAGE class schedule or your site-specific registration form to find the 5-digit synonym numbers for the classes you want to take. You can only enter one class at a time.

Your selected class, the registration fee, and total amount due will display.

If you want to register for additional classes, choose Search for more classes from the drop-down menu.

If you are finished choosing classes, click on Register now (check out) from the drop-down menu.

Select a payment type; click SUBMIT.

Enter the 5-digit synonym number here!

• Do not fill in the letter and number code.
• Do not fill in any other field on this page.

Then click SUBMIT.

On the next screen (not shown here), click the SELECT box next to the course information displaying time, date, location, and seat availability. Click SUBMIT.

The Additional Registration Information screen is not required, so click SUBMIT to go to the next screen.

7. The Processing My Credit Card Payment screen will open. Review for accuracy and click CONTINUE.

On the next secure screen, enter the required MasterCard, VISA, or Discover credit card information. Click PAY NOW. You are not registered in any class until you submit payment.

A transaction confirmation screen will appear after you have paid. Please print or copy the transaction number for your records.

Directions for in-person and mail-in registration—see page 6.
Trimester Dates for Spring 2020
The SAGE calendar consists of three trimesters: fall, spring, and summer.
Courses listed in this SAGE schedule represent the Spring 2020 trimester offerings.
- Most SAGE Spring 2020 classes begin the week of February 10 and end the week of May 18, 2020.
- “No Class” dates for Spring 2020: February 17; March 16–21; May 23

General Course Information
Companion Classes
To get maximum benefit from classes with multiple sections, please register for both Part I and Part II which are shown with brackets connecting the synonym numbers.

Course Confirmation
The only way to confirm your course(s) is to register online or in-person. You will be contacted by SAGE via email only if the class is canceled or if the schedule changes. Please verify your class schedule by going to www.pgcc.edu and then clicking on Owl Link at the top of the page.

Course Capacities
Many classes have limited capacity dictated by space, safety, or equipment. Register early!

Course Cancellations
The college reserves the right to cancel sections, change meeting places, or make other changes that it deems necessary. Classes which do not have sufficient enrollment at least one week before the start date will be canceled. Register early!

Course Dates
Class dates may change subject to site and/or instructor availability. No pro-rated refunds will be given.

Instructors
Although many instructor names are listed, teachers may be changed without notice. It is the instructor’s prerogative to ask that a student attend a different class based on skill level.

Disabled Retirees Under 60 Years Old
Effective 7/1/2012, disabled retirees under 60 may qualify for a tuition waiver (for both credit and noncredit classes).
To determine your eligibility, contact the Office of Records and Registration, Bladen Hall, room 126, 301-546-7422, to request a PGCC Tuition Waiver Certification Form. Take the form to your local Social Security office for completion and then return it to the college.
A new waiver form must be submitted every academic year.

Important Contact Information
For SAGE Program Additional Information
Email us at SAGE@pgcc.edu or
Suzanne van Nuys ....................... svannuys@pgcc.edu
Ruth Harris ............................... harrisrg@pgcc.edu
Ola Akinade .............................. akinadoj@pgcc.edu
Najah Majors .............................. nmajors@pgcc.edu
or call the
SAGE Program Office ....................... 301-546-0923

Other Key Contact Numbers
at Prince George’s Community College
Cashier’s Office .................................. 301-546-0691
Therapeutic Aquatic Exercise class information .............................. 301-546-0519
Continuing Education (CE) Customer Service Desk ....................... 301-546-0159

Prince George’s County Department of Aging
Seniors Information
Aging Services Division .......................... 301-265-8450
Call-a-Bus ........................................ 301-499-8603
Call-A-Cab Coupons ............................. 301-883-5656
Nutrition Program ............................... 301-265-8475
Maryland Access Point .......................... 301-265-8450
Living Well Chronic Disease Self Management .......................... 301-248-0039

Inclement Weather Policy
- The SAGE Program, except ATH-900/901 (Health and Fitness) and ATH-930 (Therapeutic Aquatic Exercise) classes, follows the Prince George’s County Public School System. Whenever Prince George’s County Schools and/or activities are canceled due to inclement weather, SAGE classes are canceled.
  › A one-hour delay does not affect classes.
    If public schools are delayed for two hours, classes starting before 11 a.m. will be canceled.
  › If public schools close two hours early because of predicted inclement weather, all classes after 2 p.m. will be canceled.
- All SAGE classes (including ATH-900/901 and ATH-930 classes) are canceled if Prince George’s Community College is closed due to inclement weather—at ALL locations.
- Students should listen to Public Service Announcements on radio and television to determine if a site is open for classes.
Matters of Money

Registration Fees
Maryland residents who are 60 or older may register for as many non-conflicting state approved courses as desired and pay one $85 SAGE Registration Fee (SRF) per trimester, plus any additional instructional, supply, and/or lab fees.

For non-seniors and all non-Maryland residents, including those aged 60 or older, the non-refundable registration fee is $25 per trimester, plus tuition and any additional instructional, supply, and/or lab fees.

Tuition Waiver
Tuition for SAGE courses is waived for Maryland residents who are 60 or older, at the start of the credit semester which is January 21, 2020. SAGE registration fees apply. Lab fees for some classes apply (see above). Call the SAGE Office, 301-546-0923, for more specific information.

Tuition for Non-Seniors and Others
Prince George’s County residents under 60 years old and all others who do not meet the criteria for a tuition waiver may register for any class in this booklet by paying the tuition, however, some sites have age restrictions (see pages 6–7).

For each course, the cost of SAGE tuition is based on the total number of hours the course meets for the semester (see below), plus the $25 registration fee.

For example:
- Total hours from 12 to 15 = $75 tuition
- Total hours from 24 to 45 = $150 tuition

Out-of-county Maryland residents will pay an additional $5 per course. All non-Maryland residents—including those who are 60 years old or older—will pay an additional $10 per course.

Payment
Payment is due at the time of registration. Please make your check or money order payable to Prince George’s Community College and attach it to your registration form.

Cash is accepted only at the Cashier’s Office in Bladen Hall, Room 120, Monday–Thursday, 8:30 a.m.–8 p.m. and Friday, 8:30 a.m.–5 p.m.

Refund Policy
To receive a refund of the $85 registration fee, SAGE students must officially DROP all classes at least two (2) business days prior to the earliest start date. No exceptions!

Refunds are automatically issued for classes canceled by the college in the form in which payment was made. Allow 14 business days for processing.

Supplies, Books, and Lab Fees
Students are responsible for purchasing their own supplies for all classes, e.g., art materials, craft supplies, tools, text books. Information regarding a required text or other supplies will be made known at the first class. Lab fees may be assessed for some courses.

Seniors Helping Seniors (SHS) Grants
apply only to classes in the SAGE class schedule.
A new application must be submitted every trimester.

An SHS grant is not a coupon and should not be taken lightly. The funds are contributed by other seniors who appreciate the value of the SAGE program and are willing to donate to this worthy cause. (See back cover of class schedule.) We count on applicants’ honesty in having a demonstrated need. Please remember that if you decide to take advantage of this option, your peers are paying for you with their generosity.

Applications for the SHS grants can be requested by calling: CE Customer Service Desk ...................... 301-546-0159 SAGE Program Office ........................... 301-546-0923 When leaving a message, please state that you are requesting an SHS grant application. Leave your name and address, speaking slowly and clearly. Spell last name and street address.

Application Deadline for a fall grant is February 3, 2020. No exceptions will be made.

Age Restriction
Although the SAGE Program permits students under 60 years old to register for classes (full tuition is charged), many senior class sites have an age restriction. Therefore, anyone under the age of 60 wanting to enroll in a SAGE class must first get permission from the class site manager to make sure he or she meets the age participation requirements. Some site limitations are listed in the Site Directory on pages 6–7.

Disruption of Class
From the Prince George’s Community College Academic Catalog

Willful disruption of the instructional process both inside and outside the classroom, for whatever reason, will not be tolerated. Instructors will take appropriate actions to have disruptive students removed from their classes. Students charged with disruptive behavior are subject to appropriate disciplinary action, which may lead to suspension or expulsion.
Spring 2020 Indexed List of Courses by Site

Allentown Splash, Tennis, and Fitness Park
7210 Allentown Road, Camp Springs, MD 20748
301-449-5567
Therapeutic Aquatic Exercise ................................ 11

Bowie Community Center
3209 Stonybrook Drive, Bowie, MD 20715
301-464-1737
Health and Fitness (Parts I and II) ......................... 10

Bowie Senior Center (No students under age 55)
SAGE students are required to join the Bowie Senior Center (free membership) in order to take classes on site; ideally, this membership registration should be completed before the first day of class.
14900 Health Center Drive, Bowie, MD 20715
301-809-2300
American History ............................................ 11
American Sign Language .................................... 13
Autobiographical Writing (Memoirs) .................... 12
Current Issues ................................................ 12
Design and Production of Crafts ......................... 8
Drawing ...................................................... 8
Environmental History ...................................... 12
Estate Planning .............................................. 10
French ........................................................ 13
German ...................................................... 13
Healthy Living ............................................. 10
History Through Hollywood ............................. 12
Italian ....................................................... 13
Music Appreciation ....................................... 14
Music Appreciation: Class Piano and Guitar .......... 14

Cameron Grove Adult Lifestyle Community
100 Cameron Grove Boulevard, Upper Marlboro, MD 20774
Limited to residents only

Camp Springs Senior Activity Center
(No students under age 60)
6420 Allentown Road, Camp Springs, MD 20748
301-449-0490
Current Issues ............................................... 12
Design and Production of Crafts ......................... 8
Healthy Living ............................................. 10
Humanities: An Exploration ............................... 13
Local History ............................................... 12
Music Appreciation: Class Piano ....................... 14
Spanish ....................................................... 13
Studio Fine Art ............................................... 9

Central Park at Victoria Falls
13701 Belle Chasse Boulevard, Laurel, MD 20707
Limited to residents only

College Park Community Center
5051 Pierce Avenue, College Park, MD 20740
301-441-2647
Healthy Living ............................................... 11

Other Ways to Register

IN-PERSON REGISTRATION
In-person registration takes place on a continuous basis at the admissions, records, and registration area located in Bladen Hall, Room 126, on the Largo campus.
Monday–Thursday, 8:30 a.m.–8 p.m.
Friday, 8:30 a.m.–5 p.m.
- Register early—at least 10 days before classes begin.
- You must pay at the time of your registration with a check, money order, or credit card (VISA, MasterCard, Discover).

MAIL-IN REGISTRATION
- Mail-in registration forms will be processed after registration has begun and after walk-in registrations have been concluded on the first day of registration, and in the order they were received. They must include a check or money order made out to PGCC for the full amount, and be received at least 10 days prior to the class start date.
- You will not receive a confirmation when registering by mail, even if a requested class is full. (see p4 Course Confirmation)
- Mail to: Cashier’s Office
  Prince George’s Community College
  301 Largo Road, Largo, MD 20774-2199
Collington Life Care Community
10450 Lottsford Road, Mitchellville, MD 20721
301-925-9610
- Art Appreciation .............................................. 8
- Autobiographical Writing (Memoirs) ........................ 12
- Healthy Living ............................................... 11
- Income Tax for Senior Citizens .............................. 10
- Literature: An Exploration .................................. 13
- Studio Fine Art ............................................... 9
- Therapeutic Aquatic Exercise ................................ 11
- World History ................................................ 12

Fort Washington Forest Community Center
1200 Fillmore Road, Fort Washington, MD 20744
301-292-4300
- Studio Fine Art ............................................... 9

Greenbelt Community Center (No students under age 60)
15 Crescent Road, Greenbelt, MD 20770
301-397-2208
- American History ............................................ 11
- Astronomy .................................................... 15
- Current Issues ............................................... 12
- Environmental History ...................................... 12
- Healthy Living ............................................... 11
- Personal Enrichment ........................................ 15
- Spanish ....................................................... 13
- Virology/Superbugs .......................................... 15
- World History ................................................ 12

Greenbelt Department of Recreation/Springhill Lake
(No students under age 60)
6111 Cherrywood Lane, Greenbelt, MD 20770
301-397-2200
- Classes offered in summer only

Harmony Hall Regional Center
10701 Livingston Road, Fort Washington, MD 20744
301-699-2544
- Healthy Living ............................................... 11
- Music Appreciation: Class Piano .......................... 14

John E. Howard Senior Activity Center
4400 Shell Street, Capitol Heights, MD 20743
301-735-3340
- Healthy Living ............................................... 11
- Music Appreciation: Class Piano .......................... 14
- Spanish ....................................................... 13

Laurel Armory—Anderson and Murphy Community Center
422 Montgomery Street, Laurel, MD 20707
301-725-8088
- American History ............................................ 12
- Healthy Living ............................................... 11

New Carrollton City Hall
6016 Princess Garden Parkway, New Carrollton, MD 20784
301-459-6100
- Healthy Living ............................................... 11

Prince George's Community College, Largo Campus
301 Largo Road, Largo, MD 20774-2199
301-546-7422
- Computers: Introduction/Intermediate/Advanced .... 9
- Design and Production of Crafts ......................... 8
- Financial Literacy ........................................... 10
- Health and Fitness (Parts I and II) ....................... 10
- Microsoft Office Suite & Windows 10 .................. 9
- Music Appreciation: Class Piano ....................... 14
- Therapeutic Aquatic Exercise ......................... 11

Riderwood Village
3110 Gracefield Road, Silver Spring, MD 20904
Limited to residents only

St. Paul's Senior Living Apartments
1207 Addison Road, Capitol Heights, MD 20743
301-350-1100
- Computers: Introduction and Intermediate ........... 9
- Current Issues ............................................... 12
- Financial Literacy ........................................... 10
- Internet: Introduction, Navigation, Research .......... 9
- Personal Enrichment ...................................... 15
- Spanish ....................................................... 14

Temple Solel
2901 Mitchellville Road, Bowie, MD 20716
301-249-2424
- Current Issues ............................................... 12

University Town Center
6505 Belcrest Road, Suite 125, Hyattsville, MD 20782
301-546-8000
- Spanish ....................................................... 14

Upper Marlboro Community Center
5400 Marlboro Race Track Road
Upper Marlboro, MD 20772
301-627-2828
- Healthy Living ............................................... 11
Spring 2020 Alphabetical Listing of Courses

ART

Courses relate to the business, production, and history of art.

Art Appreciation (ART-306)

Courses involve the aesthetics of certain artists and time periods over the course of history. Topics include styles, techniques, and subjects used in paintings and portraits through discussion and videos. The focus of each course may be different each semester.

Collington Life Care Community
62976 13 M 2/10–5/18 10 am–12 pm Crane
Northern Renaissance

Design and Production of Crafts (ART-902/903/906/910)

Courses teach the art and business of creating quality craft items for sale and personal use.

Bowie Senior Center
62929 13 M 2/10–5/18 9–11 am Stone
Ceramics, Part I: Beginner/Intermediate
62930 13 M 2/10–5/18 11 am–12 pm Stone
Ceramics, Part II: Beginner/Intermediate
62938 13 M 2/10–5/18 10 am–12 pm Vitale-Reddy
Jewelry Making: Beginner
62736 8 M 2/10–4/13 12:30–4 pm Cerrelli
Stained Glass, Part I: Advanced
62737 5 M 4/20–5/18 12:30–4 pm Cerrelli
Stained Glass, Part II: Beginner/Intermediate
62900 14 T 2/11–5/19 9:30–11:30 am Kirtland
Knitting & Crocheting, Part I: Intermediate/Advanced
62901 14 F 2/14–5/22 9–11 am Baer
Drawing I: Beginner
62902 14 T 2/11–5/19 1–2:15 pm Kirtland
Knitting: Beginner
62903 14 T 2/11–5/19 2:30–3:45 pm Kirtland
Sewing: Beginner, Level 2
62898 7 W 2/12–4/1 9 am–1 pm Holloman
Stained Glass & Mosaics, Part I: Beginner/Intermediate
62899 7 W 4/8–5/20 9 am–1 pm Holloman
Stained Glass & Mosaics, Part II: Beginner/Intermediate
62931 14 F 2/14–5/22 9–11 am Stone
Ceramics, Part I: Beginner/Intermediate
62932 14 F 2/14–5/22 11 am–12 pm Stone
Ceramics, Part II: Beginner/Intermediate
62904 14 F 2/14–5/22 10 am–12 pm Kirtland
Quilting: Intermediate
62905 14 F 2/14–5/22 12:30–2:30 pm Kirtland
Quilting: Intermediate
62927 13 S 2/15–5/16 9–11 am Stein
Stained Glass & Mosaics, Part I: Beginner/Intermediate
62928 13 S 2/15–5/16 11 am–12 pm Stein
Stained Glass & Mosaics, Part II: Beginner/Intermediate

Camp Springs Senior Activity Center
62962 14 Th 2/13–5/21 10 am–12 pm Swanson
Jewelry Making: Beginner

Largo Campus (PGCC)
63032 13 M 2/10–5/18 10 am–12 pm Kirtland
Crocheting: Beginner
63029 13 M 2/10–5/18 12:30–2:30 pm Kirtland
Quilting: Beginner
63030 14 Th 2/13–5/21 10 am–12 pm Kirtland
Knitting: Beginner
63031 14 Th 2/14–5/22 1–3 pm Kirtland
Sewing: Beginner, Level 1

Drawing (ART-913/914)

Fundamental courses in the practical art of drawing and sketching using various media.

Bowie Senior Center
62647 13 M 2/10–5/18 2–4 pm Baer
Drawing II: Intermediate/Advanced
62650 14 F 2/14–5/22 9:30–11:30 am Baer
Drawing I: Beginner

Studio Fine Art (ART-911/916/918)

Courses offer students opportunities to explore fine art through drawing, watercolor, oils, collage, pastel, etc.

Bowie Senior Center
62934 14 T 2/11–5/19 9–10 am Swanson
Mixed Media, Part I: All Levels
62935 14 T 2/11–5/19 10 am–12 pm Swanson
Mixed Media, Part II: All Levels
62733 12 T 2/11–5/5 12:30–3 pm Brosch
Printmaking Fundamentals
62649 12 T 2/11–5/5 3:30–6 pm Baer
Painting: Beginner
62936 14 W 2/12–5/20 10 am–12 pm Swanson
Watercolor, Part I: All Levels (This is a studio class.)
62937 14 W 2/12–5/20 12:30–2:30 pm Swanson
Watercolor, Part II: All Levels (This is a studio class.)
62642 6 Th 2/13–3/26 10 am–3:30 pm Allison
Watercolor: Advanced
62644 6 Th 4/2–5/14 10 am–3:30 pm Allison
Watercolor: Advanced
How to Read a Course List

Class Location | Class Dates | Class Time | Instructor
---|---|---|---
Bowie Senior Center
62938 13 M 2/10–5/18 10 am–12 pm Vitale-Reddy
Day of the week class meets | Class Emphasis | Number of times class meets
| Class Time | Instructor
Camp Springs Senior Activity Center
62963 14 Th 2/13–5/21 12:30–1:30 pm Swanson
Mixed Media, Part I: All Levels
62964 14 Th 2/13–5/21 1:30–3:30 pm Swanson
Mixed Media, Part II: All Levels
62948 13 S 2/15–5/16 9:30–11:30 am Chatmon
Mixed Media, Part I: All Levels
62949 13 S 2/15–5/16 11:30 am–12:30 pm Chatmon
Mixed Media, Part II: All Levels
Collington Life Care Community
62974 14 T 2/11–5/19 1–3 pm Chatmon
Mixed Media, Part I: All Levels
62975 14 T 2/11–5/19 3–4 pm Chatmon
Mixed Media, Part II: All Levels
Fort Washington Forest Community Center
62983 14 W 2/12–5/20 9–10 am Chatmon
Mixed Media, Part I: All Levels
62982 14 W 2/12–5/20 10 am–12 pm Chatmon
Mixed Media, Part II: All Levels

COMPUTERS

Courses relating to the understanding and use of computers. Purchase of a text may be required for computer classes.

Lab Fees: A $25 lab fee is charged for each computer class at PGCC-owned facilities.

For all non-college facilities, the amount of lab fee is listed below and payable to the site.

Computers: Introduction (DPR-548)

Class is designed to provide a basic knowledge of computers and how to perform simple functions. Introduction to the Internet is included.

Largo Campus (PGCC)
63024 13 M 2/10–5/18 9–11 am Eggleston
Beginner, Level 1
63023 13 M 2/10–5/18 2:30–4:30 pm Eggleston
Beginner, Level 1
63025 14 T 2/11–5/19 9–11 am Gray
Beginner, Level 2

St. Paul's Senior Living (SPSL) Apartments
63051* 14 W 2/12–5/20 9:30–11:30 am Ennels
Introduction to Computers
*$25 Lab fee; make check payable to SPSL Apartments' PGCC SAGE Lab Fund

Computer Skills: Intermediate/Advanced (DPR-573)

Courses continue to build on the knowledge gained in the introductory computer classes. Prerequisite: Satisfactory completion of beginner level computer class.

Largo Campus (PGCC)
63026 14 W 2/12–5/20 9–11 am Gray
Advanced
63027 14 Th 2/13–5/21 9–11 am Gray
Intermediate

St. Paul's Senior Living (SPSL) Apartments
63050* 14 W 2/12–5/20 12:30–2:30 pm Ennels
Intermediate
*$25 Lab fee; make check payable to SPSL Apartments' PGCC SAGE Lab Fund

Internet: Introduction, Navigation, Research (DPR-307)

Course provides the basic concepts for accessing and navigating the Internet, sending email, and using online resources. Downloading files, using search features, and other Internet applications are explored. Prerequisite: Satisfactory completion of beginner level computer class.

St. Paul's Senior Living (SPSL) Apartments
63053* 14 F 2/14–5/22 12:30–2:30 pm Ennels
Intermediate
*$25 Lab fee; make check payable to SPSL Apartments' PGCC SAGE Lab Fund

Microsoft Office Suite & Windows 10 (DPR-991)

Course enables the student to learn the basics of MS Office 2016, including Word, Excel, Access, and PowerPoint, by doing hands-on projects.

Largo Campus (PGCC)
63028 14 F 2/14–5/22 9–11 am Gray
Intro to Microsoft Office 2016 and Windows 10

*$25 Lab fee; make check payable to SPSL Apartments' PGCC SAGE Lab Fund

IMPORTANT: Always register for Parts I and II of two-part classes, marked by brackets in the course listings.
FINANCE

Courses are designed to give contemporary information and improve understanding of fiscal management, especially as these skills apply to planning for financial security.

Estate Planning (COS-909)
Course is designed to give the layperson an overview of wills and estate proceedings with emphasis on the advantages of planning.

Bowie Senior Center
- 62944 7 W 2/12–4/1 2–4 pm Widmann (Part I)
- 62945 7 W 4/8–5/20 2–4 pm Widmann (Part II)

INCOME TAX FOR SENIOR CITIZENS (COS-952)
In-depth class on income tax preparation teaches tax savings techniques and includes discussion on retirement income, capital gains, maximizing deductions, reducing taxes, and tips on computing estimated taxes.

Collington Life Care Community
- 62997 6 Th 2/6–3/12 7–9 pm Stehman

FINANCIAL LITERACY (FIN-901)
Course covers financial issues that most adults will encounter as they age: Social Security benefits, healthcare costs and choices, insurance needs, estate planning, tax matters, housing options, and living on a fixed income.

Largo Campus (PGCC)
- 63343 14 T 2/11–5/19 2–4 pm Garner

St. Paul’s Senior Living (SPSL) Apartments
- 63344 14 W 2/12–5/20 10 am–12 pm Garner

HEALTH AND FITNESS

Courses are designed to provide information about proven ways to improve overall health and increase fitness levels. Good nutrition, cardio/aerobic improvement, preventative strategies, balance, flexibility, alternative healing methods, and other topics may be covered.

Please check with your physician and get approval before enrolling in a class in this section.

Health and Fitness (ATH-352/400/900/901)
Course presents lecture and supervised exercises designed by the President’s Council on Physical Fitness and Sports. Other activities may include aerobics, pickle ball, dance, weight lifting, and/or health related lectures.

Bowie Senior Center
- 62247 15 TTh 1/7–2/25 9–11 am Lee
- 62248 15 TTh 2/27–4/3 9–11 am Lee

Largo Campus (PGCC), Novak Field House, Room 100
- 62249 15 TTh 1/21–3/10 9–11 am Bickford
- 62251 15 TTh 3/12–5/7 9–11 am Bickford
- 62268 15 T 1/21–5/5 12:30–3:30 pm Bickford
- 62267 15 Th 1/16–5/7 11:30 am–3:30 pm Bickford

Healthy Living—Fitness (HES-905/910/912)
Courses present lectures and information on health issues along with supervised, demonstrated exercises designed to increase flexibility and improve muscle tone and strength. Other activities may be included.

To get a list of what is offered in each class, please email SAGE@pgcc.edu and request a ‘Healthy Living Class List’ OR call 301-546-0923 to request the list.

Bowie Senior Center
- 62738 13 M 2/10–5/18 10 am–12 pm Chang
- 62914 13 M 2/10–5/18 12:15–2:15 pm Miles
- 62897 13 M 2/10–5/18 12:30–2:30 pm Harris
- 62913 14 T 2/11–5/19 1–3 pm Meadows
- 62915 14 W 2/12–5/20 8:50–10:30 am Mullin
- 62916 14 W 2/12–5/20 10:30 am–12:10 pm Mullin
- 62739 14 W 2/12–5/20 1–3 pm Chang
- 62917 14 Th 2/13–5/21 10 am–12 pm Mullin Intermediate/Advanced
- 62940 14 Th 2/13–5/21 12–2 pm Weimer
- 62908 14 Th 2/13–5/21 5–7 pm Love
- 62740 14 F 2/14–5/22 10 am–12 pm Chang Intermediate
- 62918 14 F 2/14–5/22 10 am–12 pm Mullin Beginner
- 62821 14 F 2/14–5/22 1–3 pm Chang
- 62941 13 S 2/15–5/16 8:30–10:15 am Weimer Advanced
- 62942 13 S 2/15–5/16 10:15 am–12 pm Weimer Beginner

Camp Springs Senior Activity Center
- 62965 14 T 2/11–5/19 10 am–12 pm Turner
- 62960 14 T 2/11–5/19 12–2 pm Saulsberry
- 62959 14 W 2/12–5/20 10 am–12 pm Sarmiento
### College Park Community Center
- 62966 14 Th 2/13–5/21 10 am–12 pm Turner
- 62961 14 Th 2/13–5/21 12–2 pm Saulsberry

### Collington Life Care Community
- 62972 13 M 2/10–5/18 1–3 pm Chang
- 62968 14 T 2/11–5/19 9–11 am Bush
- 62973 14 W 2/12–5/20 10 am–12 pm Chang
- 62969 14 Th 2/13–5/21 9–11 am Bush
- 62971 14 F 2/14–5/22 9–11 am Bush
- 62978 14 F 2/14–5/22 10–11 am Bush
- 62979 14 F 2/14–5/22 10–11 am Bush
- 62975 26 MWF 2/10–4/17 11 am–12 pm Shell

### Greenbelt Community Center
- 62991 13 M 2/10–5/18 10 am–12 pm Goff
- 63003 14 T 2/11–5/19 9–11 am Shaffer
- 62992 14 T 2/11–5/19 10 am–12 pm Goff
- 62998 14 W 2/12–5/20 10 am–12 pm Romero
- 62999 14 W 2/12–5/20 12:30–1:30 pm Romero
- 62996 14 W 2/12–5/20 1:30–3:30 pm Meadows
- 63004 14 Th 2/13–5/21 10–11 am Shaffer
- 62986 14 Th 2/13–5/21 10 am–12 pm Bonkosky
- 63000 14 F 2/14–5/22 10 am–12 pm Romero
- 63001 14 F 2/14–5/22 12:30–1:30 pm Romero

### Harmony Hall Regional Center
- 63014 13 M 2/10–5/18 10 am–12 pm Sarmiento
- 63011 14 T 2/11–5/19 9:15–11:15 am Jones-Byron
- 63081 14 W 2/12–5/20 9:15–11:15 am Jones-Byron
- 63013 14 Th 2/13–5/21 9:15–11:15 am Jones-Byron
- 63083 14 F 2/14–5/22 9:15–11:15 am Jones-Byron

### John E. Howard Senior Activity Center
- 63386 13 M 2/10–5/18 12:30–2:30 pm Bush
- 63015 14 T 2/11–5/19 10 am–12 pm Chang
- 63021 14 T 2/11–5/19 10:30–11:30 am Smith
- 63016 14 Th 2/13–5/21 10 am–12 pm Chang
- 63086 14 Th 2/13–5/21 10:30–11:30 am Smith
- 63022 28 TTh 2/11–5/21 11:30 am–12:30 pm Smith

### Laurel Armory—Anderson and Murphy Community Center
- 63043 13 M 2/10–5/18 9:30–11:30 am Mullin
- 63038 14 T 2/11–5/19 9:30–11:30 am Armstrong
- 63039 14 W 2/12–5/20 9:30–11:30 am Armstrong
- 63040 14 Th 2/13–5/21 9:30–11:30 am Armstrong
- 63041 14 F 2/14–5/22 9:30–11:30 am Armstrong

### New Carrollton City Hall
- 63044 13 M 2/10–5/18 1:30–3:30 pm Smith
- 63045 14 W 2/12–5/20 1:30–3:30 pm Smith
- 63046 14 Th 2/13–5/21 1–2 pm Smith
- 63047 14 Th 2/13–5/21 2–3 pm Smith
- 63048 14 F 2/14–5/22 11 am–12 pm Smith

### Upper Marlboro Community Center
- 63065 14 T 2/11–5/19 9:30–11:30 am Sancho
- 63067 14 W 2/12–5/20 9:30–11:30 am Sancho
- 63069 14 Th 2/13–5/21 9:30–11:30 am Sancho

### Therapeutic Aquatic Exercise (ATH-930)
Course is designed to provide both therapeutic aquatic exercise and swimming instruction. Each session includes water exercise and/or beginner, intermediate, or advanced swimming instruction. Students must supply their own towels.

### Allentown Splash, Tennis, and Fitness Park
- 62254 43 MWF 1/22–5/8 8–9 am Jenkins/Mabry
- 62255 43 MWF 1/22–5/8 9–10 am Jenkins/Mabry

### Collington Life Care Community
- 62262 30 TTh 1/21–5/7 10–11:30 am Mabry

### Largo Campus (PGCC), Robert I. Bickford Natatorium
- 62257 43 MWF 1/22–5/8 9–10 am Redmiles
- 62259 43 MWF 1/22–5/8 10–11 am Redmiles
- 62261 43 MWF 1/22–5/8 11 am–12 pm Redmiles

### HISTORY/SOCIAL STUDIES
Courses cover all aspects of history: ancient, modern, contemporary, local, regional, national, international, ethnic, and much more. Courses related to geography, anthropology, and sociology are all part of this group of classes.

### American History (HIS-909/916)
Courses suggest some of the dominant themes of American life during certain periods and will stimulate consideration of how said themes relate to the present.

### Bowie Senior Center
- 62920 13 M 2/10–5/18 2–4 pm Rudd
  Baby Boomer American History
- 62830 14 T 2/11–5/19 12:30–2:30 pm Cipriani
- 63316 12 W 2/12–5/6 10 am–12 pm Haverstick
  The Supreme Court
- 62995 12 Th 2/13–5/7 1–3 pm Haverstick
  The Supreme Court

HISTORY/SOCIAL STUDIES continued next page
### HISTORY/SOCIAL STUDIES continued

**Laurel Armory—Anderson and Murphy Community Center**
63042 14 F 2/14–5/22 12:30–2:30 pm Cipriani

**Current Issues** (ENR-903)
Course focuses on topics of current interest and importance, such as national and world news stories and events. Discussion is encouraged.

**Bowie Senior Center**
62829 14 T 2/11–5/19 10 am–12 pm Cipriani
62837 14 F 2/14–5/22 12:30–2:30 pm Croatti

**Camp Springs Senior Activity Center**
62950 13 M 2/10–5/18 1–3 pm Cipriani

**Greenbelt Community Center**
63002 14 Th 2/13–5/21 3–5 pm Rudd
Two Americas! A Nation Divided, 2020 and Beyond
62990 14 F 2/14–5/22 3–5 pm Croatti

**St. Paul’s Senior Living Apartments**
63054 14 T 2/11–5/19 2:30–4:30 pm Page

**Temple Solel**
63060 13 M 2/10–5/18 10 am–12 pm Cipriani

**Environmental History** (HIS-348)
Course surveys topics in environmental history including the relationship between the human and non-human worlds.

**Bowie Senior Center**
62833 13 M 2/10–5/18 1–3 pm Crane

**Greenbelt Community Center**
62989 14 T 2/11–5/19 10 am–12 pm Crane

**History Through Hollywood** (HIS-356)
Class presents an opportunity to examine historical themes and events as they have been represented, or misrepresented, in film, with emphasis on the changing interpretation of history reflected in the medium.

**Bowie Senior Center**
62838 13 M 2/10–5/18 9:30–11:30 am Cross

**Local History** (HIS-908)
Explore local history. If feasible, visit local historical sites and discuss the relevant facts and folklore. Class days and times may vary after first class date. (Additional fees/costs possible.)

**Camp Springs Senior Activity Center**
62951 14 W 2/12–5/20 10 am–12 pm Cipriani
Exploring History of Prince George's County

**World History** (HIS-378/913)
Courses present the history of other countries throughout the world, and discuss the people, events, and culture that shaped different time periods in their past up through the present day.

**Collington Life Care Community**
62977 14 Th 2/13–5/21 1–3 pm Crane
Story of India

**Environmental History** (HIS-348)
Course surveys topics in environmental history including the relationship between the human and non-human worlds.

**Bowie Senior Center**
62933 13 M 2/10–5/18 1–3 pm Crane

**Greenbelt Community Center**
62989 14 T 2/11–5/19 10 am–12 pm Crane

**History Through Hollywood** (HIS-356)
Class presents an opportunity to examine historical themes and events as they have been represented, or misrepresented, in film, with emphasis on the changing interpretation of history reflected in the medium.

**Bowie Senior Center**
62838 13 M 2/10–5/18 9:30–11:30 am Cross

**HUMANITIES**

Courses include discussion of literature from the Bible to Jane Austen to Shakespeare to James Michener; examination of classic writings; reading, writing, and interpreting poetry; creative and critical thinking; and theater and acting.

**Autobiographical Writing** (SKB-419)
Course offers the opportunity to produce autobiographies and memoirs under professional supervision.

**Bowie Senior Center**
62921 14 T 2/11–5/19 9:30–11:30 am Smith
Writing Your Memoirs: Beginner/Intermediate
62922 14 T 2/11–5/19 12–2 pm Smith
Writing Your Memoirs: Intermediate/Advanced

**Collington Life Care Community**
62980 14 F 2/14–5/22 10 am–12 pm Smith
Writing Your Memoirs
62981 14 F 2/14–5/22 1–3 pm Smith
Writing Your Memoirs

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If you have an idea for a SAGE class—or any other suggestions, comments, or complaints—please email the SAGE mailbox at SAGE@pgcc.edu for consideration. Put ‘Suggestion’ in the subject line.
Humanities: An Exploration (ENR-913)
Students in this course will view the past 100 years of development in the areas of history, politics, literature, theatre, religion, music, and other subjects.

Camp Springs Senior Activity Center
62956 13 M 2/10–5/18 10 am–12 pm Patente
Humanities for Senior Citizens

Literature: An Exploration (ENR-380)
Course offers students opportunities to read, discuss, and analyze works of literature.

Collington Life Care Community
63317 13 M 2/10–5/18 1–3 pm Barthel
Magnificent Couples in Shakespearean Tragedies

Theater (COM-900)
Course offers students an overview of the basic elements of stage performing, and may include reading plays, discussion about plays, learning key roles in the production process, and putting together a performance.

Bowie Senior Center
62947 14 F 2/14–5/22 9–11 am Yamamoto
Serious Fun: An Introduction to Improvisation

LANGUAGES
Courses include a number of foreign languages, e.g., French, Italian, Spanish, German, and American Sign Language. Classes concentrate on basic spoken and written language, as well as some cultural aspects of the native countries.

American Sign Language (COM-901)
Bowie Senior Center
62919 13 M 2/10–5/18 10 am–12 pm Rhoads
Intermediate
62933 12 W 2/12–5/6 10 am–12 pm Stracka

French (LGE-337/338/916)
Bowie Senior Center
62923 13 M 2/10–5/18 9–11 am Soloviev
Introduction to French
62924 14 W 2/12–5/20 9–11 am Soloviev
Beginner, Level 1
62925 14 W 2/12–5/20 11 am–1 pm Soloviev
Intermediate
62926 14 W 2/12–5/20 1:30–3:30 pm Soloviev
Advanced

German (LGE-340)
Bowie Senior Center
62906 14 W 2/12–5/20 12–2 pm Leahy-Thielke
Beginner, Level 2
62907 14 W 2/12–5/20 2–4 pm Leahy-Thielke
Intermediate

Italian (LGE-334)
Bowie Senior Center
62839 14 F 2/14–5/22 10 am–12 pm DeSanctis
Advanced

Spanish (LGE-333/381)
Basic course covers pronunciation, vocabulary, grammar, and simple dialogue. Some classes may be more advanced.

NOTE: Due to multiple changes in the Spanish teaching assignments, books will be assigned by the instructors on the first day of class.

Bowie Senior Center
62909 14 T 2/11–5/19 11 am–1 pm McLaughlin
Beginner, Level 2
62910 14 T 2/11–5/19 1:30–3:30 pm McLaughlin
Beginner, Level 3
62911 14 W 2/12–5/20 11 am–1 pm McLaughlin
Beginner, Level 1
62912 14 W 2/12–5/20 1:30–3:30 pm McLaughlin
Basics

Camp Springs Senior Activity Center
62952 14 T 2/11–5/19 11 am–12 pm DeCarlo
Beginner, Level 1
62953 14 T 2/11–5/19 12:15–1:15 pm DeCarlo
Beginner, Level 2
62954 14 T 2/11–5/19 1:30–2:30 pm DeCarlo
Intermediate
62955 14 T 2/11–5/19 2:45–3:45 pm DeCarlo
Advanced

Greenbelt Community Center
63005 14 T 2/11–5/19 10 am–12 pm Sieiro
Intermediate
63006 14 F 2/14–5/22 10 am–12 pm Sieiro
Beginner, Level 2

John E. Howard Senior Activity Center
63019 14 F 2/14–5/22 10:30–11:30 am McLaughlin
Beginner, Level 1
63385 14 F 2/14–5/22 11:30 am–1:30 pm McLaughlin
Beginner, Level 2
LANGUAGES (SPANISH) continued

St. Paul’s Senior Living Apartments
63057 14 T 2/11–5/19 11 am–1 pm Williams
Beginner

63059 14 Th 2/13–5/21 11 am–1 pm Williams
Intermediate/Advanced

University Town Center (UTC)
63061 14 T 2/11–5/19 10 am–12 pm Miller
Beginner, Level 2

63318 14 T 2/11–5/19 12–2 pm Rubiano
Beginner, Level 1

63063 14 Th 2/13–5/21 10 am–12 pm Rubiano
Intermediate

63319 14 Th 2/13–5/21 12–2 pm Rubiano
Tertulia-Jueves Cultural Conversations, All Levels

MUSIC

Courses cover multiple aspects of music that include musical genres; composers; comments by musicologists and performers; discussion of classical pieces; analysis of musical compositions; and writing music.

Music Appreciation: Class Piano (MUS-307)
Course introduces the basic elements of music and keyboard proficiency, fundamentals of sight reading, scales, and chords. Emphasis can range from theory to performance, depending upon the number of keyboards available. Teachers may need to divide classes by skill level.

Bowie Senior Center
62824 14 T 2/11–5/19 9–11 am Choi
Beginner

62826 14 T 2/11–5/19 11 am–1 pm Choi
Intermediate

62827 14 T 2/11–5/19 1–3 pm Choi
Advanced

Camp Springs Senior Activity Center
62957 14 T 2/11–5/19 9:30–11:30 am Patente
Advanced—9:30–10:15 am
Intermediate—10:15–11:30 am

62958 14 T 2/11–5/19 11:30 am–1 pm Patente
Beginner

Harmony Hall Regional Center
63010 14 Th 2/13–5/21 9:30–11:30 am Flores
All Levels

John E. Howard Senior Activity Center
63017 14 W 2/12–5/20 10 am–12 pm Flores
Beginner

63018 14 W 2/12–5/20 12:30–2:30 pm Flores
Intermediate

Largo Campus (PGCC), Ctr. for Performing Arts, Rm. 329
(All classes are mixed levels.)

63035 13 M 2/10–5/18 12–2 pm Flores

63036 13 M 2/10–5/18 2–4 pm Flores

63033 14 F 2/14–5/22 10 am–12 pm Cooper

63034 14 F 2/14–5/22 12–2 pm Cooper

Music Appreciation: Guitar (MUS-308)
Course introduces the various parts of the guitar, the names of the strings, how to hold the pick, tuning, basic chords, and rhythm and strumming techniques. The basics to reading music also introduced. Students are required to have their own instrument and tuner; a metronome (or app) is recommended for home practice.

Bowie Senior Center
62893 14 W 2/12–5/20 9:30–11:30 am Fiester
Guitar: Intermediate

62894 14 Th 2/13–5/21 9:30–11:30 am Fiester
Guitar: Beginner

Music Appreciation (MUS-301)
Course covers the evolution of music and its variations from historical, geographical, and cultural perspectives via class discussions, or video presentation. Courses on opera focus on composers and individual operas.

Bowie Senior Center
62734 7 Th 2/13–4/2 2–4 pm Cahill
Magnificent Mozart

62735 7 Th 4/9–5/21 2–4 pm Cahill
The Prima Donna

PGSPN
PRINCE GEORGE’S
Senior Provider Network
COMMUNITY / RESOURCES / COLLABORATION / EDUCATION

Prince George’s Senior Provider Network is comprised of community agencies, businesses, and organizations dedicated to improving the care and quality of life of Prince George’s County Seniors.

Visit www.pgspn.org
**PERSONAL ENRICHMENT**

Courses focus on students’ personal well-being and their individual journey to fulfillment through education and learned techniques that promote improvement in some aspect of their life.

**Personal Enrichment** (ENR-466/467/907; HES-905/910)

**Bowie Senior Center**
62946 13 M 2/10–5/18 12:30–2:30 pm Williams
Self-Awareness: A Different Kind of Art—Soul Collage

62653 7 M 2/10–4/6 12:30–2:30 pm Boverman
Guided Meditation

62895 7 Th 2/13–4/2 12:30–2:30 pm Goodlow
JOY: Mindful Meditation, Part I

62896 7 Th 4/9–5/21 12:30–2:30 pm Goodlow
JOY: Mindful Meditation, Part II

62943 14 F 2/14–5/22 12:15–2:15 pm Wheeler
Brain Fitness

62939 14 F 2/14–5/22 1–3 pm Vitale-Reddy/Williams
Self-Awareness: Every Day Feels Like Saturday

**Greenbelt Community Center**
62993 7 T 2/11–3/31 1–3 pm Goodlow
JOY: Mindful Meditation, Part I

62994 7 T 4/7–5/19 1–3 pm Goodlow
Fabric Collage

62987 14 W 2/12–5/20 3:45–4:45 pm Boverman
Guided Meditation

**St. Paul’s Senior Living Apartments**
63056 14 Th 2/13–5/21 2:30–4:30 pm Page
Coping with Life Changes

**SCIENCE**

Courses covered may include social, physical, formal, and life science, as well as the study of earth and space.

**Astronomy** (PSC–900)

Course introduces elements of astronomy including planets, stars, galaxies, and their relationship to each other and earth.

**Greenbelt Community Center**
62984 13 M 2/10–5/18 1–3 pm Blumenstock

**Virology and Superbugs** (SCI-300)

Class explores the history and origins of viruses and superbugs; the main types; immune responses; and vaccines and other preventative measures.

**Greenbelt Community Center**
62985 14 W 2/12–5/20 1–3 pm Blumenstock

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**Retired and Senior Volunteer Program (RSVP)**

Are you ready to get involved and give back to your community?

RSVP offers seniors age 55 and older, with a lifetime of experience, the opportunity to pay it forward by volunteering for government agencies and non-profit organizations in Prince George’s County.

Volunteers choose the amount of time and the days they are available to serve.

Opportunities include:

- Delivering and packaging Meals on Wheels (MOW)
- Providing transportation for seniors to doctor appointments, picking up prescriptions, grocery shopping, and running routine errands
- Advocating for seniors in nursing homes and assisted living facilities
- Assisting seniors and their beneficiaries with health insurance challenges
- Providing outreach calls to homebound seniors to check on how they are doing
- Helping to promote conversational skills to our youth at libraries
- Supporting a variety of hospitals and hospice organizations
- Participating in outreach events and other community priority activities
- Preventing injury and saving lives of youths ages 8–11 by educating, mentoring, and providing community outreach to the Disaster Cycle Services teams associated with The Pillowcase Project, a national youth preparedness program offered by the Red Cross

Some of the program benefits are mileage reimbursement, free secondary insurance coverage, and more.

For details, contact the RSVP staff:
phone .... 301-265-8486 or email ...... pdsharps@co.pg.md.us

It’s time to share your experience!
I certify under penalties of perjury that the information recorded on this application is correct. I agree to abide by the rules and regulations and policies of Prince George's Community College as presently in effect and/or hereafter enacted. If in the future I change my residence, I understand that it is my responsibility to notify the Admissions and Records Office at Prince George's Community College and to provide them with my correct address.

Signature X

Date

PLEASE NOTE: To complete the registration process, attach your check or money order payable to Prince George’s Community College and submit to the Cashier's Office at the address listed above. **You will not receive a confirmation when registering by mail!** You will be notified by e-mail if a class for which you are registered is canceled.
Live more, play more at M-NCPPC parks and recreation facilities throughout Prince George’s County!

SENIOR ACTIVITY CENTERS

Camp Springs Senior Activity Center
6420 Allentown Rd., Camp Springs, MD 20748
301-449-0490; TTY 301-699-2544

Evelyn Cole Senior Activity Center
5720 Addison Rd., Seat Pleasant, MD 20743
301-386-5525; TTY 301-699-2544

Gwendolyn Britt Senior Activity Center
4009 Wallace Rd., North Brentwood, MD 20722
301-699-1238; TTY 301-699-2544

John E. Howard Senior Activity Center
4400 Shell St., Capitol Heights, MD 20743
301-735-2400; TTY 301-699-2544

Langley Park Senior Activity Center
1500 Merrimac Dr., Hyattsville, MD 20783
301-408-4343; TTY 301-699-2544

Laurel-Beltsville Senior Activity Center
7120 Contee Rd., Laurel, MD 20707
301-206-3350; TTY 301-699-2544

COMMUNITY CENTER/FITNESS ROOM ID CARDS
FOR PRINCE GEORGE’S COUNTY SENIORS 60 & BETTER

Sign up for a FREE PARKS DIRECT account at any M-NCPPC community center in Prince George's County to get your FREE Community Center/Fitness Room ID card. These ID cards are valid for use at all M-NCPPC community centers and senior activity centers in Prince George's County. To find out where the 40+ community centers are located, to learn more about opening a PARKS DIRECT account, and to get information about ID cards and Fitness Room cards, visit www.pgparks.com or call the Customer Service Help Desk at 301-699-CALL (2255); TTY 301-699-2544.
Seniors Helping Seniors Grant funds rely on the generosity of you and your peers. Applicants should have a demonstrated need. SAGE will officially sponsor our Change A Life Week fund-raising effort for the Seniors Helping Seniors Grants during the week of March 30, 2020.

Please donate change in each of your classes to change a life for fellow students who cannot afford to register. During this week, help us remind your teachers to collect and your fellow students to donate.

Donations to the Seniors Helping Seniors grant fund are always welcome, no matter what time of year. Checks must be made out to Prince George’s Community College Foundation, Inc. with “Seniors Helping Seniors” designated in the memo line. You will receive an acknowledgement letter and a year-end tax receipt.

Please mail your contribution to:
PGCC Seniors Helping Seniors
Lanham Hall, Room 224A
301 Largo Road
Largo, MD 20774-2199

In Memoriam
SAGE Team donation in memory of long time SAGE faculty member:
Larry Suid
and SAGE designer Kathy Hofmann’s mother:
Joan Hofmann

Our heartfelt thanks to all who have contributed.

If you would like to donate in memory of someone, please include a note with your SHS check and we will include it in our next publication.